



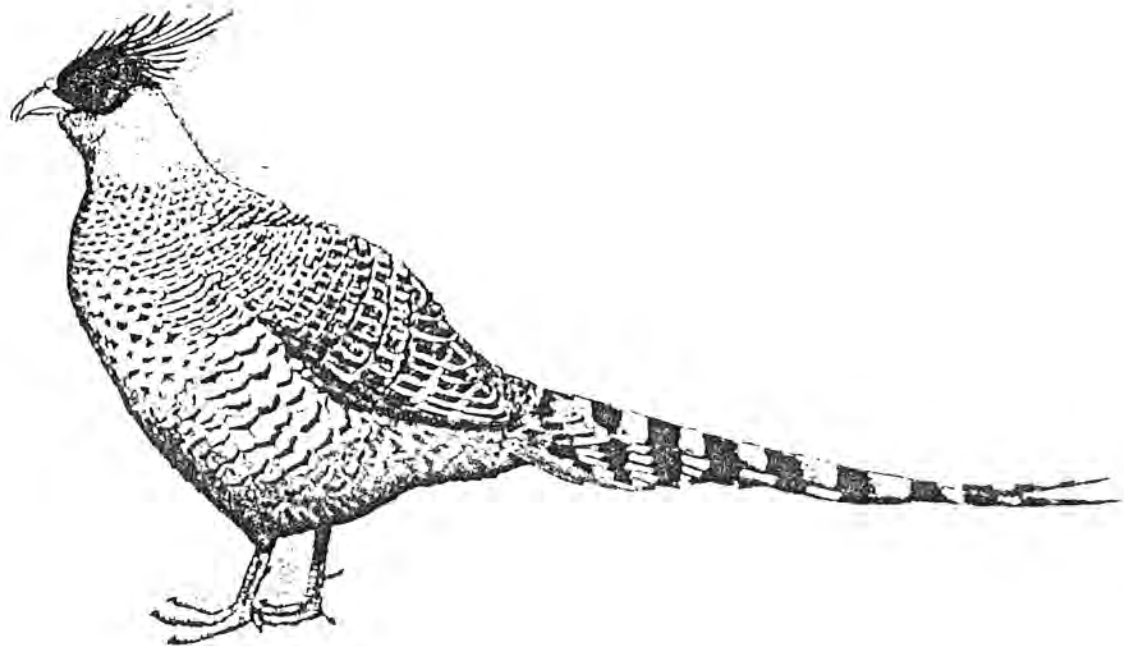
Jean-Marie Daulne

11, rue Laforge  
6997 Mormont  
Belgium

Christian Goblet

21, rue Nanon  
5000 Namur  
Belgium

N  
E  
P  
A  
L



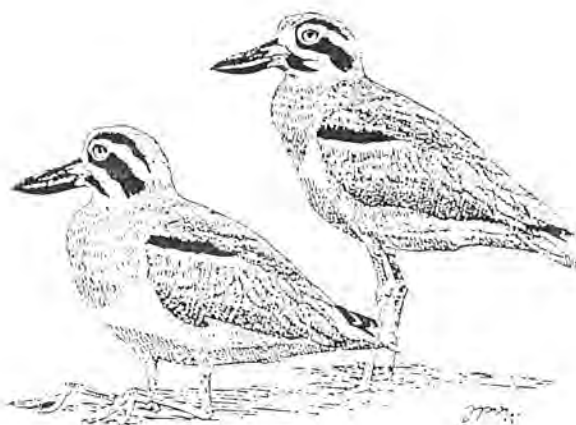
march 96

# Daily itinerary

---

- 3 march:     ⊙arriving at Kathmandu airport 10 am.  
              ⊙Trekking permit + Asian trekking  
              ⊙Bagnati river (Tribhuvan university)
- 4 march:     ⊙Phulchowki upper slopes 6:30 - 18.30
- 5.march:    ⊙Phulchowki lower slopes 6.45- 17
- 6.march:    ⊙drive to Pokhara : 7 to 13.30  
              ⊙forest near Pardi Dam
- 7 march:    ⊙flight from Pokhara to Jomossom  
              ⊙Pokhara - Kagbeni                             (2.30 hrs)
- 8 march:    ⊙Kagbeni - Muktinath                             ( 4 hrs )  
              ⊙birding monastery, pool and river
- 9 march:    ⊙Muktinath - Jomossom - Marpha             ( 7 hrs )
- 10 march:   ⊙Marpha - Kalopani                             ( 7 hrs )  
              ⊙walk into forest
- 11 march:   ⊙walk into forest  
              ⊙Kalopani - Ghasa                             ( 3 hrs )  
              ⊙walk near waterfalls
- 12 march    ⊙Ghasa
- 13 march    ⊙Ghasa
- 14 march:   ⊙Ghasa - Tatopani - Ghara                     ( 10 hrs )
- 15 march :   ⊙Ghara - Chitre - Ghorepani                   ( 6 hrs )  
              ⊙Poon hill pm
- 16 march:   ⊙Ghorepani

- 17 march : ◉ Ghorepani  
 ◉ Ghorepani - Hille ( 5 hrs )
- 18 march : ◉ Hille - Birethanti ( 5.30 hrs )
- 19 march : ◉ Birethanti - Pokhara  
 ◉ walk from fishtail lodge to the ridge
- 20 march : ◉ drive Pokhara - Kosi barrage with taxi : 12 hrs
- 21 march : ◉ am: kosi barage  
 ◉ pm: kosi Tapphu
- 22 march : ◉ am: Kosi tapphu + Kosi barrage  
 ◉ pm: Kosi barrage + drive to Lahan
- 23 march : ◉ drive Lahan to Kathmandu
- 24 march : ◉ Phulchowki lowers sloppes to houses  
 ◉ shopping
- 25 march : ◉ flight back Arrival at Bruxelles :22.30 LT



# GENERAL INFORMATIONS

## 1. Flights

We took a flight to Kathmandu via Karachi by Luftansa. Cost 34000 FB.  
There is a departure tax of 14 \$.  
We bought a Royal Nepal Airlines 's ticket from Pokhara to Jomossom. Cost 50\$.  
The flight takes 30 minutes and provides views of the Himalayas.  
It 's possible to book it from Belgium.

## 2. Taxi

We used taxi. It's a comparatively cheap way of travel -in european meaning-, comfortable (despite poor condition of roads) and in order to maximise our time.  
Cost Kathmandu- Phulchowki: from 22\$ ( for the day) to 600 RN.

## 3. Money

The rate of exchange was at 1\$ = 54 rupees  
1\$ = 31 FB

## 4. Health

Dal baht, pizzas, chips are well cooked and safe. Avoid meat. When you see how meat is stored you will understand why it's advisable to cut it out of your diet.  
We either bought bottled water. We didn't have no problems with diarrhoea or illness.

## 5. Jomossom

There are many lodges all along this trek. Most offer double rooms from 20 to 60 RN.  
Around Jomossom hot showers are available.  
Good food is available everywhere but it's expensive. Expect to pay 500 RN per day.  
Food cost the same within one village. Dal bhat is ridiculously expensive: 75 RN.  
Cider, apple pies, fresh apples are available at lodges nearly all the trek.

We can recommend only a few lodges as Bob Marley at Muktinath for music, Tuckche guest house, Sahangrila lodge at Kagbeni, Eagle Nest guest house at Gasa for meeting Abinash Nepali an excellent guide for birds!

contact:

Abinash Nepali Eagle Nest Guest House Ghasa Mustang West Nepal
--

# SITES

---

## 1. Phulchowki

**Best birds:** Black eagle, Kalij pheasant, Speckled wood-pigeon, Blue-bearded bee-eater, short-billed minivet, long-billed thrush, rufous-chinned laughingthrush, red-faced liocichla, black-eared shrike-babbler, cutia, nepal fulvetta, whiskered yuhina, black-throated parrotbill, gould, black-throated sunbird, gold-naped finch.



## 2. Botanical gardens (Godaveri)

**Best birds:** Yellow-vented, lemon-rumped warbler, Hodgson's redstart

## 3. Pokara

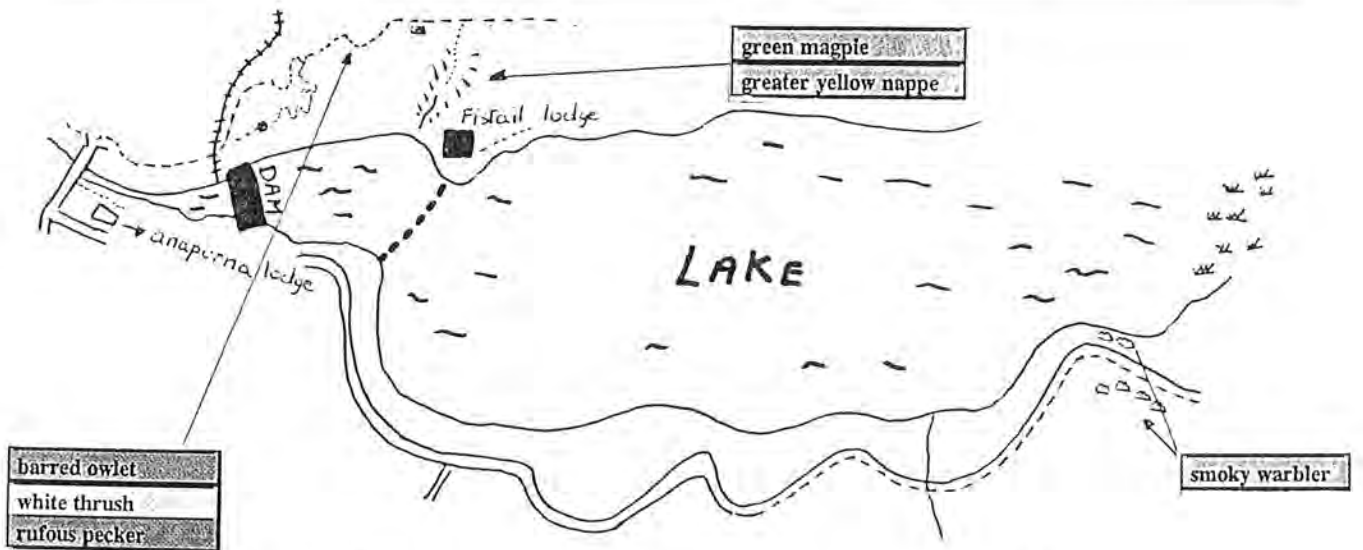
We stayed at Anapurna lodge who was close to Pardi Dam. It costed 10\$ for a double and good room

We spent several hours birding the wood to the south west of the Fishtail lodge and the paddyfields to the north of Lakeside (this with poor birding). Try to find scrubby hillsides for warblers.

For getting around the lake, bicycles can be easily hired in town for 30 RN.

**Best birds:** White-tailed eagle, asian barred owlet, rufous pecker, blue magpie, black-faced cuckoo-shrike, scaly thrush.



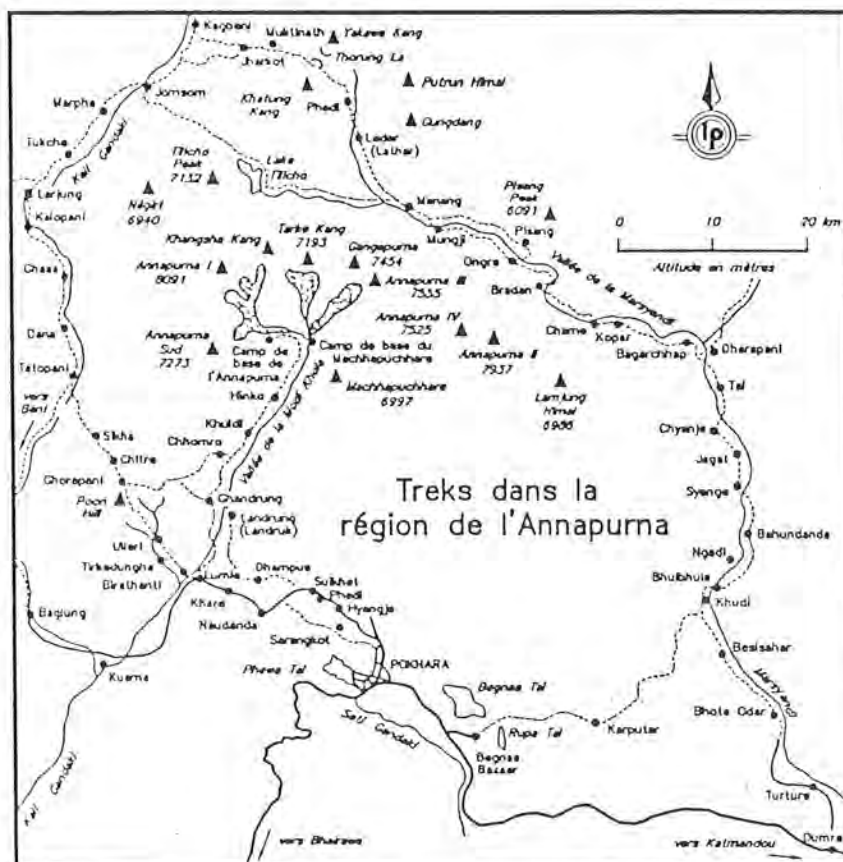


#### 4. Jomossom trek

The trail is self-evident everywhere, easy to follow and rarely very strenuous. If you are just in money, you can obviate the need of a porter or a guide. But it's cheap (2\$/day for a porter) and easier!

We got a trekking permit for 10\$ (2 weeks). It should be obtained in a couple of hours.

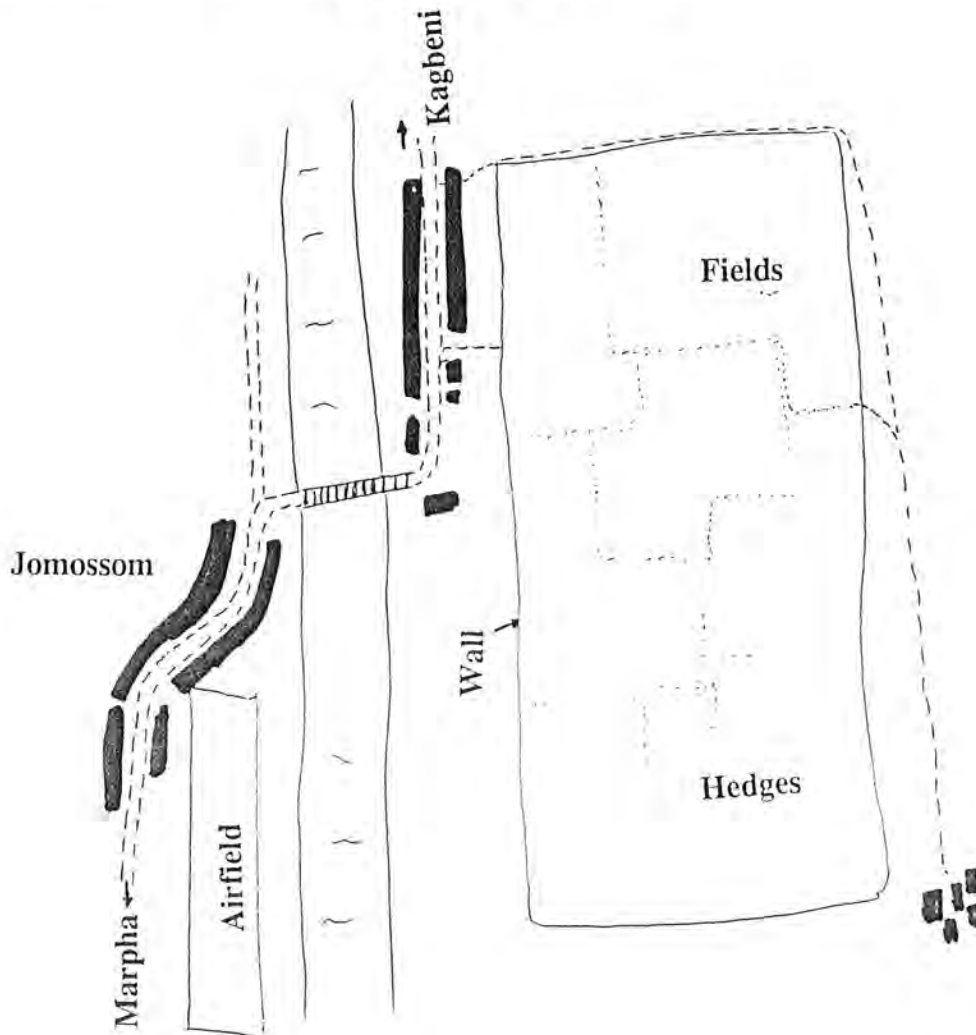
There is also an entry fee of 650 RN because the trek is inside the Anapurna Conservation area.



## A. Jomossom - Kagbeni

A short walk but after noon a strong wind blows up the Thak Khola making birding very difficult. We check the fields at Jomossom (very good) and upper and lowers fields at Kagbeni (very few birds).

**Best birds:** White-throated redstart, white-browed tit warbler, streaked rosefinch, white-winged grosbeak, pine bunting.



## B. Jomossom - Muktinath

Birding terraced fields below Khinja. In the afternoon, around monastery, the river and pool.

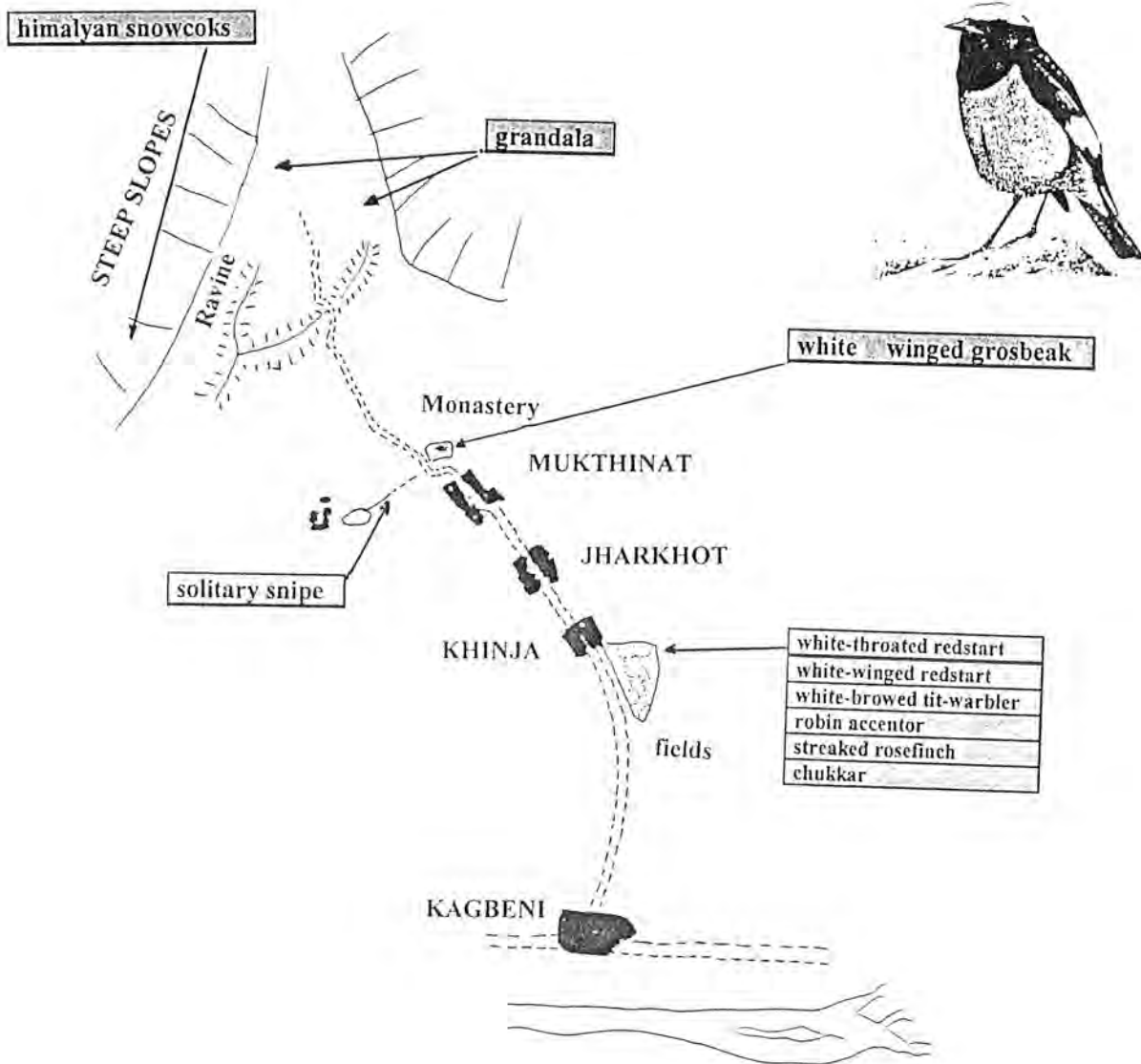
**Best birds :** Chukar, solitary snipe, white-throated redstart, white-winged redstart, white-browed tit-warbler, russet sparrow, robin accentor, fire-fronted serin, streaked rosefinch, white-winged grosbeak.

## C. Mukthinath - Jomossom- Marpha

We have spend 2 hours to Thorong la Pas but it was impossible to go higher up than 4000m because of snow.

Go down very quickly to Jomossom. Trek flat from Kagbeni to Marpha as the trek follows the Thak Khola bed.

**Best birds:** Himalayan snowcock, white-winged redstart, grandala, white-browed tit warbler, alpine accentor.

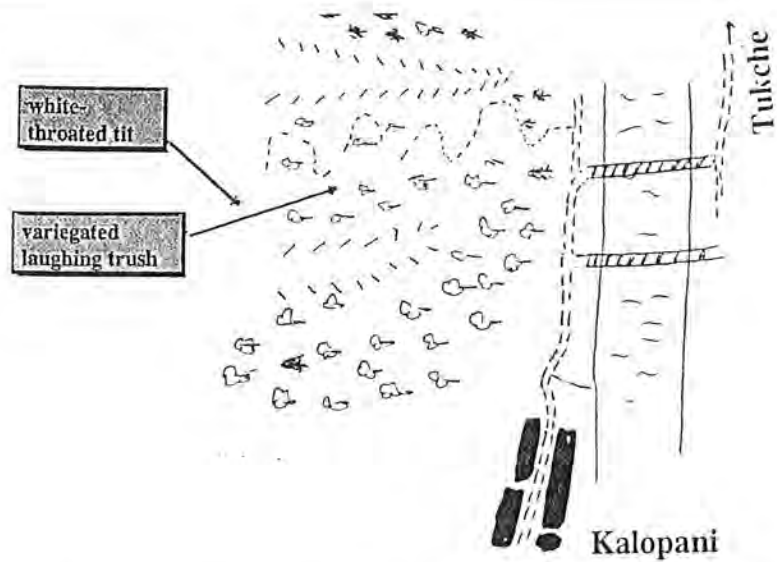


## D. Marpha - Kalopani

Again an easy walk. Few birds :

Wallcreeper, bar-tailed treecreeper, black-crested tit  
at Kalopani: white-throated tit , variegated laughingthrush.





**E. Kalopani - Ghasa**

There is some good forest, although we saw very little.  
 In Ghasa, stay at the Eagle Nest Guest House.

**Best birds:** Collared owlet, russet sparrow.

**F. Ghasa**

Good forest in this superb area although difficult to work as many of the trails are steep.  
 ( see Buckton's map /or ask to the owner of Eagle Nest guest house to show you the way or to meet Abinash.)

**Best birds:** Booted eagle, Hill partridge, koklass, cheer pheasant, mountain scops owl, scally-bellied woodpecker, scaly thrush, white-browed bush robin, rusty-flanked treecreeper, striated prinia, green, white-browed shrike babbler, great parrotbill, upland pipit.



(An english birder has seen satyr tragopan, chestnut thrush, grey-winged blackbird, jungle nightjar just one day before!)

**G. Ghasa - Tatopani - Ghara**

Fairly long walk. Steep climbing after Tatopani.

**Best birds:** Snow pigeon, little forktail, wallcreeper, crested bunting.

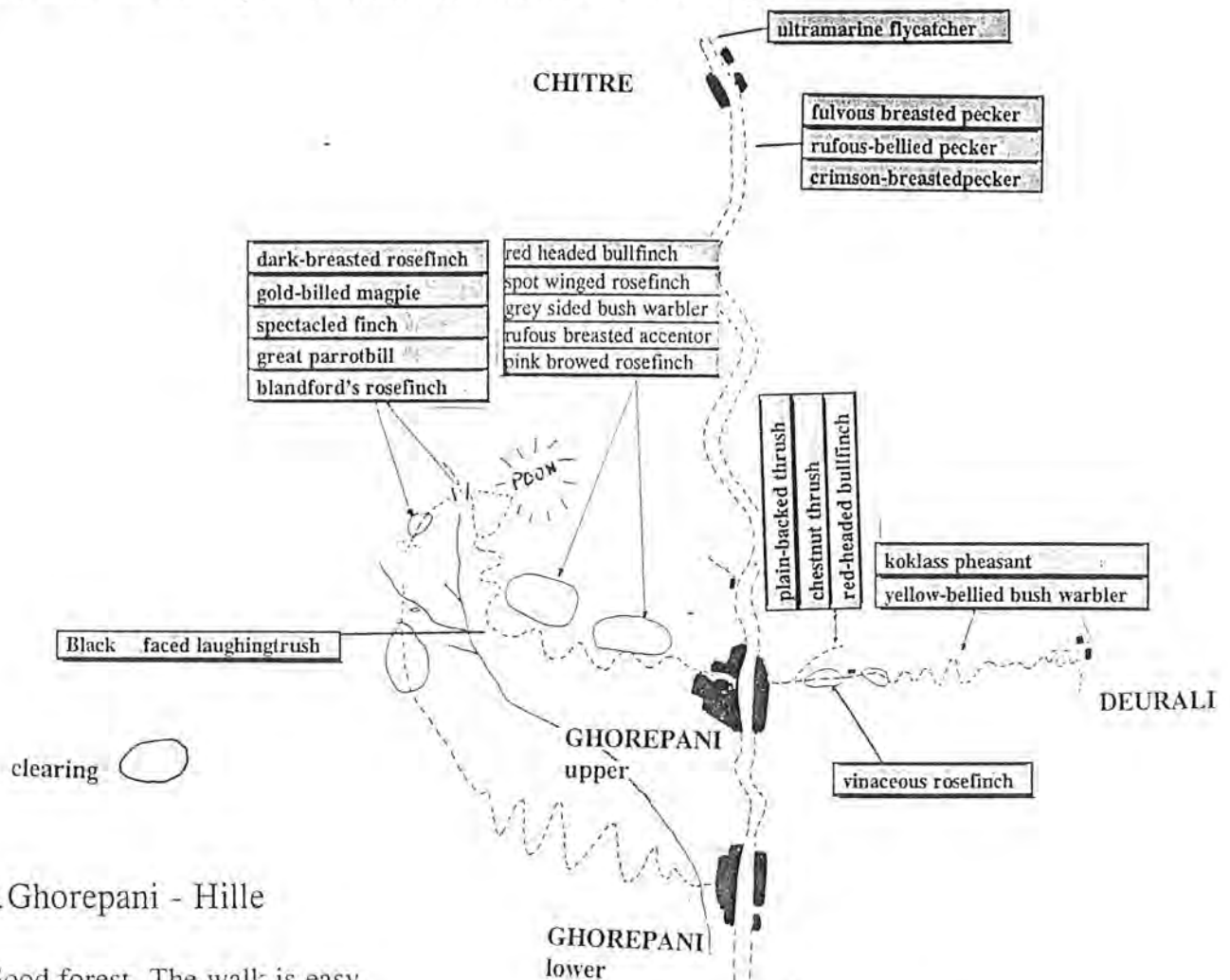
## H.Ghara - Ghorepani

Really bad uphill. The birding along this stretch of the the trek is good before Ghorepani.

**Best birds:** Fulvous breasted woodpecker, grey-backed shrike, chestnut-tailed starling, ultramarine flycatcher, russet sparrow  
 Poon Hil : upland buzzard, rusty-flanked treecreeper, black-faced laughingthrush, spot-winged rosefinch, red-headed bullfinch.

## I.Ghorepani

Superb area. We saw very little on the tracks to Poon Hill and to Deurali.  
 Best area was the way down from Poon Hill to Lower Ghorepani.



## J.Ghorepani - Hille

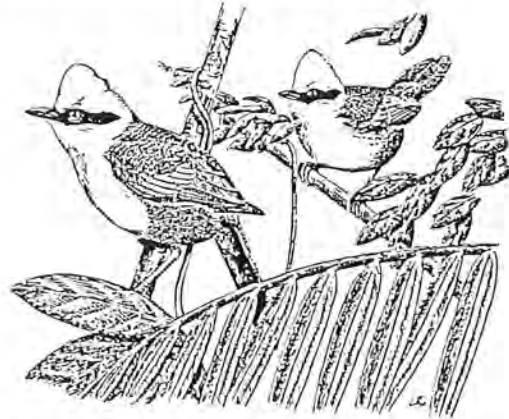
Good forest. The walk is easy.

**Best birds:** Plain-backed thrush, blue-fronted redstart, little fork-tail, rufous-winged fulvetta, yellow-browed tit, yellow-breasted greenfinch.

---

## K.Hille - Birithanti

**Best birds:** Crested-serpent eagle, besra, slaty-headed parakeet, crested kingfisher, grey-capped woodpecker, blue-rock thrush, slaty-backed forktail, white-crested laughingtrush, black-headed munia, crimson sunbird.



### 5. Kosi barrage

At Kosi we stayed in a small shed provided by a restaurant owner (20 RN).

Bring your own mosquito net as there is only one.

We birdred tamarisk island, pink tower and embakement.

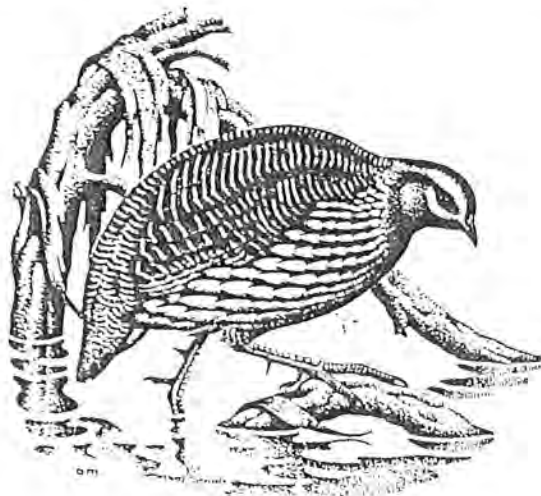
**Best birds:** Lesser whistling duck, black-necked stork, lesser adjutant, pied harrier, black francolin, small pratincole, grey-headed lapwing, great black-headed gull, spotted owlet, spotted bush-wabler, White-troated buschat ? first summer male

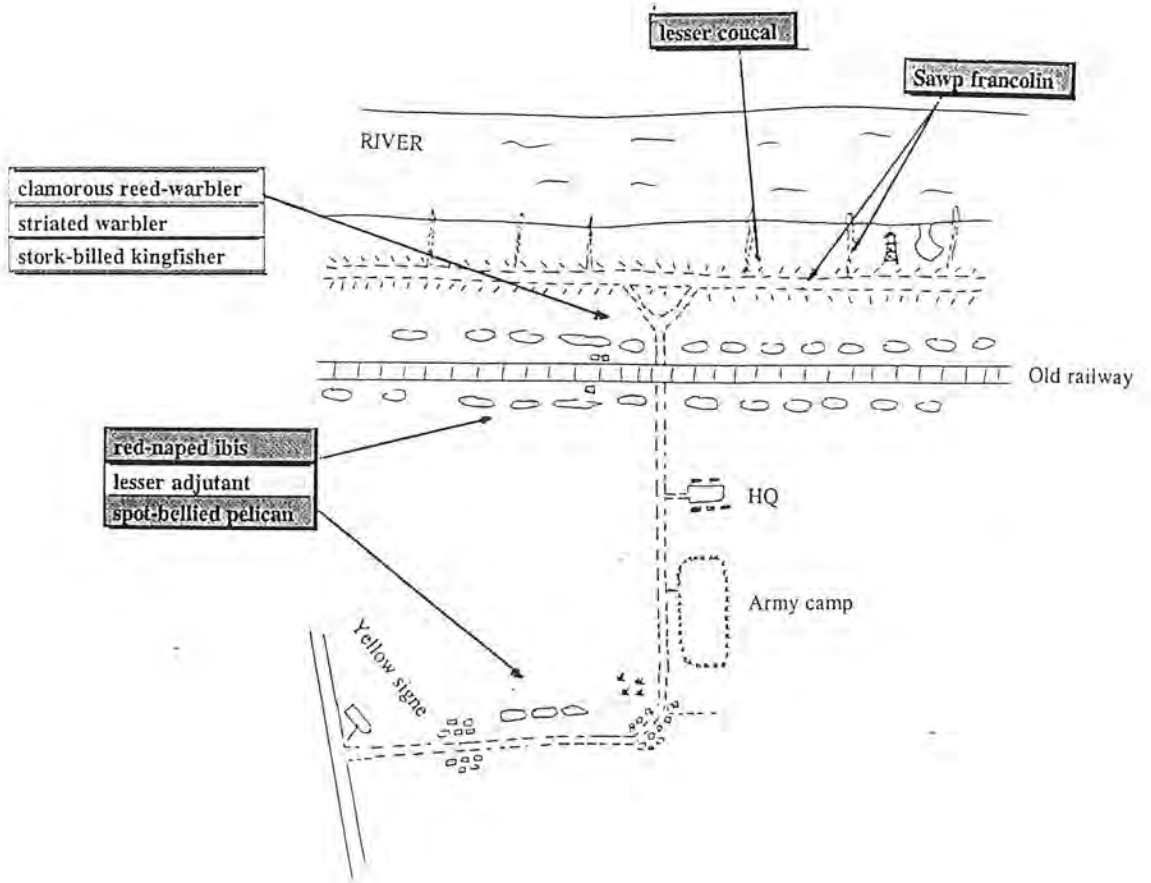
### 6. Kosi Tapphu

Accommodation can be found near the HQ (300 RN bed/breakfast/diner).

A permit for entering the park costs 650 RN (valid 2 days).

**Best birds:** Spot-billed pelican, falcated duck, ferruginous pochard, red-naped ibis, lesser adjutant, coppersmith barbet, common starling, jungle myna, stork-billed kingfisher, clamorous reed-warbler, swamp francolin, lesser coucal, rosy pipit, black-faced, yellow-breasted bunting.





# NEPAL: 3 - 25 march 96

List and taxonomic cfr Sargeant,94

## Codes and abbreviations

## Localities

<b>A</b>	11 - 50 birds	<b>KV</b>	Kathmandu valley including Pulchowki
<b>B</b>	51 - 100 birds	<b>KB</b>	Kosi barrage
<b>C</b>	100 -1000 birds	<b>KT</b>	Kosi Tapphu
<b>+</b>	minimal numbers	<b>JO</b>	Jomossom trek
<b>o</b>	bird heard and not see	<b>PO</b>	Pokhara

1. Little grebe	KB,PO : B	Tachybaptus ruficollis
2. Great crested grebe	KB : A	Podiceps cristatus
3. Little cormorant	KB,KT : C	Phalacrocorax niger
4. Great cormorant	PO,KV, KB : A	Phalacrocorax carbo
5. Oriental darter	KB: 4-5 ex.	Anhinga melanogaster
6. Spot-billed pelican	KT : 5 ex	Pelecanus philippensis
7. Lesser whistling-duck	KB: 2000 -3000 ex	Dendrocygna javanica
8. Greylag goose	1 ex in flight KT	Anser anser
9. Ruddy shelduck	KB : A	Tadorna ferruginea
10. Eurasian wigeon.	KB, KT : B	Anas penelope
11. Falcated duck	KT : 2 ex very close view near the watchtower	Anas falcata
12. Gadwall	KB,KT :B	Anas strepera
13. Common teal	KB : a few A / PO :2 ex	Anas crecca
14. Mallard	KB: 3 ex	Anas platyrhynchos
15. Northern pintail	KB : C / KT : a few	Anas acuta
16. Garganey	KB, KT :C	Anas querquedula
17. Northern shoveler	KB : C / PO : 6 ex	Anas clypeata
18. Red crested pochard	KB: 4 ex	Netta rufina

19. Common pochard	KB, KT : A	Aythya ferina
20. Ferruginous pochard	KT : 13 ex very close view / KB: 5 ex	Aythya nyroca
21. Tufted duck	KB,KT : A	Aythya fuligula
22. Little egret	KV,PO,KB, KT : B or C	Egretta garzetta
23. Intermediate egret	PO, KV, KT : a few	Egretta intermedia
24. Grey heron	KB : a few	Ardea cinerea
25. Purple heron	KB : 4 ex	Ardea purpurea
26. Great egret	PO, KB, KT : A	Casmerodius albus
27. cattle egret	KV, PO, KB, KT : C	Bubulcus ibis
28. Indian pond-heron	KV, PO, KB : B- C	Ardeola grayii
29. Striated heron	KB : 1 ex	Butorides striatus
30. Black-headed ibis	KT : B and a few at KB	Threskiornis melanocephal
31. Red-naped ibis	KT : only 1 ex	Pseudibis papillosa
32. Eurasian spoonbill	KB : 6 ex	Platalea leucorodia
33. Asian openbill	KB, KT : C	Anastomus oscitans
34. Black-necked stork	KB: 3 ex	Ephippiorhynchus asiaticus
35. Lesser adjutant	KB : 4 and KT : 4 + 4 ex	Leptoptilos javanicus
36. Osprey	KB : 1 ex	Pandion haliaetus
37. Black-shouldered kite	KB : 6 ex	Elanus caeruleus
38. Black kite	common in KV, PO and lowlands	Milvus migrans
39. White-tailed eagle	PO : 1 ex in flight	Haliaeetus albicilla
40. Lammergeier	regular during the trek : 11 ex seen	Gypaetus barbatus
41. Egyptian vulture	PO : 5 ex	Neophron percnopterus
42. White-rumped vulture	PO, Terrai : 6 ex	Gyps bengalensis
43. Long-billed vulture	KB: 1 ex	Gyps indicus
44. Himalayan griffon	JO : A	Gyps himalayensis
45. Cinereous vulture	Kalopani : 1 ex	Gyps monachus
46. Red-headed vulture	Birethanti : 4 ex / KB : 1 ex	Sarcogyps calvus
47. Crested serpent eagle	JO : 2 ex near Birethanti	Spilornis cheela
48. Western marsh-harrier	KB, KT : 8 ex	Circus aeruginosus
49. Pied harrier	KB : 3 ex	Circus melanoleucos
50. Shikra	PHU, PO, KB: 1 ex	Accipiter badius

51. Besra	1 male near Birethanti	Accipiter virgatus
52. Eurasian sparrowhawk	a dozen	Accipiter nisus
53. Common buzzard	1 or 2 ex	Buteo buteo
54. Buzzard sp	a few seen in flight	
55. Upland buzzard	2 ex near Poon hill ( JO)	Buteo hemilasius
56. Black eagle	PHU: 3 ex in 2 days	Ictinaetus malayensis
57. Steppe eagle	KV, JO and PO : a few	Aquila nipalensis
58. Golden eagle	JO : 2 ex	Aquila chrysaetos
59. Bonelli's eagle	JO: 3 ex	Hieraetus fasciatus
60. Booted eagle	JO (Ghasa) : 1 ex	Hieraetus pennatus
61. Changeable hawk-eagle	1 ex dark morph in flight between KB and Chitwan	Spizaetus cirrhatus
62. Mountain hawk-eagle	1 ex near Birethanti	Spizaetus nipalensis
63. Eurasian kestrel	everywhere in small numbers, except above 2500 m	Falco tinnunculus
64. Peregrine falcon	PO: 2 ex and a superb observation of 1 ex catching, killing and eating a hill pigeon near Ghasa	Falco peregrinus
65. Himalayan snowcock	1 seen and 4 heard above Muktinath early morning. Difficult to locate	Tetraogallus himalayensis
66. Chukar	Kagbeni : a few / 50 ex in the fields at Khinja	Alectoris chukar
67. Black francolin	2 heard near Ghara; 4 seen near the Pink tower at KB	Francolinus francolinus
68. Swamp francolin	4 seen at KT ( 2 from the watchtower on the path )	Francolinus gularis
69. Hill partridge	Heard but difficult to see. Just a few brief sightings	Arborophila torqueola
70. Koklass pheasant	Heard at Ghasa and Ghorepani ; 1 seen very well at Ghasa and 1 in flight	Pucrasia macrolopha
71. Kalij pheasant	4 + 1 on PHU	Lophura leucomelanos
72. Cheer pheasant	1 or 2 male in flight and very close for some seconds at Ghasa	Catreus wallichi
73. White breasted waterhen	KT, KB : A	Amaurornis phoenicurus
74. Ruddy-breasted crane	KT : 3 ex	Porzana fusca
75. Purple swamphen	KT, KB : A	Porphyrio porphyrio
76. Comon moorhen	KT, KB : A-B	Gallinula chloropus
77. Eurasian coot	KB: a few; PO : A	Fulica atra
78. Bronze-winged jacana	PO: 6 ex ; KT : 3 ex	Metopidius indicus
79. Solitary snipe	Muktinath: only 1 ex near the stream; the pool was nearly frozen	Gallinago solitaria
80. Common snipe	4ex : KT	Gallinago gallinago
81. Snipe sp.	2 ex possibly pintail at KT, PO	
82. Eurasian curlew	KB: A	Numenius arquata

83. Common redshank	KB: a few	<i>Tringa totanus</i>
84. Common greenshank	KB: 2 ex	<i>Tringa nebularia</i>
85. Green sandpiper	KV, KB : A	<i>Tringa ochropus</i>
86. Wood sandpiper	KT: 4 ex	<i>Tringa glareola</i>
87. Common sandpiper	KV,KB: 8 ex	<i>Tringa hypoleucos</i>
88. Little stint	KB: 2 ex	<i>Calidris minuta</i>
89. Temminck's stint	KB: 1 ex	<i>Calidris temminckii</i>
90. Dunlin	KB: 1 ex	<i>Calidris alpina</i>
91. Ruff	KB: 2 ex	<i>Philomachus pugnax</i>
92. Great thick-knee	1 in flight on a river's island between KTH and PO + 2 more possible running along the sand	<i>Burhinus recurvirostris</i>
93. Small pratincole	KB: B	<i>Glareola lactea</i>
94. Little ringed plover	KB : 3 ex	<i>Charadrius dubius</i>
95. Snowy plover	KB: 4-5 ex	<i>Charadrius alexandrinu</i>
96. Northern lapwing	KB : 2 ex	<i>Vanellus vanellus</i>
97. Grey-headed lapwing	KB: 3 ex near the Pink Tower (KB) 22/03: migrants probably	<i>Vanellus cinereus</i>
98. Red-wattled lapwing	PO, KB, KT: a few	<i>Vanellus indicus</i>
99. Great black-headed gull	KB: 10 ex	<i>Larus ichthyaetus</i>
100. Brown-headed gull	KB: 5 ex	<i>Larus brunnicephalus</i>
101. Common black-headed gull	KB: 2 ex	<i>Larus ridibundus</i>
102. Gull-billed tern	KB: 1 ex	<i>Sterna nilotica</i>
103. Caspian tern	KB : a few	<i>Sterna caspia</i>
104. River tern	KB : A	<i>Sterna aurantia</i>
105. Little tern	KB: 6 ex	<i>Sterna albifrons</i>
106. Rock dove	a few	<i>Columba livia</i>
107. Hill pigeon	JO:B-C	<i>Columba rupestris</i>
108. Snow pigeon	JO: A just one flock very low (near Tatopani)	<i>Columba leuconota</i>
109. Speckled wood-pigeon	PHU: 8 ex	<i>Columba hodgsonii</i>
110. Oriental turtle-dove	KV, JO : a few	<i>Streptopelia orientalis</i>
111. Spotted dove	A in Terrai	<i>Streptopelia chinensis</i>
112. Eurasian collared-do	2 near KB	<i>Streptopelia decaocto</i>
113. Rose-ringed parakeet	Terrai :B	<i>Psittacula krameri</i>
114. Slaty-headed parakeet	JO: only 2 or flocks	<i>Psittacula himalayana</i>
115. Blossom-headed parakeet	Terrai: 8 ex	<i>Psittacula roseata</i>
116. Large hawk-cuckoo	PHU: 1 heard	<i>Cuculus sparverioides</i>



117. Asian koel	KB: 1 ex	<i>Eudynamys scolopacea</i>
118. Lesser coucal	KT: 4ex; KB: 1 ex	<i>Centropus bengalensis</i>
119. Mountain scops owl	Ghasa : 1 heard early	<i>Otus spilocephalus</i>
120. Collared owl	PHU and JO: superb bird! Very good observation of birds calling, sitting on a branch	<i>Glaucidium brodiei</i>
121. Asian barred owl	PO: 1 ex	<i>Glaucidium cuculoides</i>
122. Spotted owl	near Pink Tower at KB: 2 ex	<i>Athene brama</i>
123. Crested treeswift	between Chitwan and KB: 2 ex in woods along the main road	<i>Hemiprocne coronata</i>
124. Himalayan swiftlet	just one observation on Poon Hill with other swifts	<i>Collocalia brevirostris</i>
125. Alpine swift	Birethanti and KB : A	<i>Tachymarptis melba</i>
126. Pacific swift	a few JO	<i>Apus pacificus</i>
127. House swift	KV, PO : a few	<i>Apus nipalensis</i>
128. Common kingfisher	JO, KT : 7 ex	<i>Alcedo atthis</i>
129. Stork-billed kingfisher	KT : 2 ex	<i>Pelargopsis capensis</i>
130. White-throated kingfisher	KV, PO, Terrai : A	<i>Halcyon smyrnensis</i>
131. Pied kingfisher	PO, KB: A	<i>Ceryle rudis</i>
132. Crested kingfisher	before Birethanti: 1 ex	<i>Megaceryle lugubris</i>
133. Blue-bearded bee-eater	PHU: 2 ex 5 march	<i>Nyctyornis athertoni</i>
134. Green bee-eater	Terrai: A	<i>Merops orientalis</i>
135. Chestnut-headed bee-eater	PO: 2 ex	<i>Merops leschenaulti</i>
136. Indian roller	common along the road between Hetauda- KB	<i>Coracias benghalensis</i>
137. Eurasian hoopoe	a few: KV, KT	<i>Upupa epops</i>
138. Great barbet	PHU, JO: a lot heard, a few seen	<i>Megalaima virens</i>
139. Coppersmith barbet	KT: 2 ex; KB: 1 ex	<i>Megalaima haemacephala</i>
140. Grey-capped pecker	before and near Birethanti: 2 ex , 1 excavating nest hole in a dead tree	<i>Dendrocopos canicapillus</i>
141. Brown-fronted pecker	1 female : PHU	<i>Dendrocopos auriceps</i>
142. Fulvous-breasted pecker	1 ex near Chitre	<i>Dendrocopos macei</i>
143. Rufous-bellied pecker	PHU ,JO : 3 ex	<i>Dendrocopos hyperythrus</i>
144. Crimson-breasted pecker	PHU, JO : 2 ex	<i>Dendrocopos cathparius</i>
145. Rufous woodpecker	PO: 1 on the wood's ridge	<i>Celeus brachyurus</i>
146. Greater yellownape	PO: 1 ex above Fishtail lodge	<i>Picus flavinucha</i>

147. Scally-bellied pecker	JO: Ghorepani and Ghasa ; PO:	<i>Picus squamatus</i>
148. Grey-headed pecker	PO: 3 ex	<i>Picus canus</i>
149. Yellow-bellied fantail	PHU, JO : 10 ex	<i>Rhipidura hypoxantha</i>
150. White-throated fantail	PHU, KB : 5 ex	<i>Rhipidura albicollis</i>
151. Black drongo	Common, but no observations during the trek	<i>Dicrurus macrocerus</i>
152. White-billed drongo	1 seen in Terrai	<i>Dicrurus caerulescens</i>
153. Lesser racket-tailed drongo	PHU: 4 ex	<i>Dicrurus remifer</i>
154. Hair-crested drongo	PO, JO : A	<i>Dicrurus hottentotus</i>
155. Eurasian jay	PHU : 4 ex	<i>Garrulus glandarius</i>
156. Gold-billed magpie	JO: Ghasa and Ghorepani: 1 ex	<i>Urocissa flavirostris</i>
157. Blue magpie	PO: 1 ex	<i>Urocissa erythrorhync</i>
158. Green magpie	PO: 1 ex	<i>Cissa chinensis</i>
159. Rufous treepie	KT: 7 ex	<i>Dendrocitta vagabunda</i>
160. Grey treepie	PHU, JO : A	<i>Dendrocitta formosae</i>
161. Eurasian nutcracker	only heard: JO	<i>Nucifraga caryocatactes</i>
162. Red-billed chough	C between Ghasa and Muktinath	<i>Pyrrhocorax pyrrhocorax</i>
163. Yellow-billed chough	near Muktinath: B	<i>Pyrrhocorax graculus</i>
164. House crow	common bird in towns any on the trek	<i>Corvus splendens</i>
165. Large-billed crow	common bird in lowlands a few on the trek	<i>Corvus macrorhynchos</i>
166. Common iora	1 ex in Terrai	<i>Aegithina tiphia</i>
167. Black-hooded oriole	2 ex in Terrai	<i>Oriolus xanthornus</i>
168. Black-winged cuckoo-shrike	PO: 1 ex	<i>Coracina melaschistos</i>
169. Black-faced cuckoo shrike	PHU: 1 ; JO: 2 ex and Terrai 5 ex	<i>Coracina novaehollandiae</i>
170. Small minivet	Terrai: 2 ex	<i>Pericrocotus cinnamomeus</i>
171. Long-tailed minivet	PHU; JO : A	<i>Pericrocotus ethologus</i>
172. Short-billed minivet	PHU: 1 ex	<i>Pericrocotus brevirostris</i>
173. Scarlet minivet	a few	<i>Pericrocotus flammeus</i>
174. Bar-winged fly-shrike	PHU : 1 ex	<i>Hemipus picatus</i>
175. Golden-fronted leafbird	PHU and Terrai : 1 ex each site	<i>Chloropsis aurifrons</i>
176. Orange-bellied leafbird	PHU: 7 ex	<i>Chloropsis hardwickii</i>

177. Brown shrike	KV: 1 and KB: 5 ex	<i>Lanius cristatus</i>
178. Long-tailed shrike	a few, of the black-headed form (different from indian's birds)	<i>Lanius schach</i>
179. Grey-backed shrike	only 2 ex: PHU and JO	<i>Lanius tephronotus</i>
180. Brown dipper	JO :A, feeding flying youngs the 18 and 19/03	<i>Cinclus pallasii</i>
181. Chestnut-bellied rock thrush	PHU, JO : 8 ex	<i>Monticola rufiventris</i>
182. Blue rock thrush	2 ex near Birethanti	<i>Monticola solitarius</i>
183. Blue whistling thrush	A everywhere during the trek + PHU, PO	<i>Myiophonus caeruleus</i>
184. Plain-backed thrush	3 ex Jo : Ghorepani and on the way down to Birethanti into a field !	<i>Zoothera mollissima</i>
185. Scaly thrush	PO, Jo: Superb view of a bird at Ghasa	<i>Zoothera dauma</i>
186. Long-billed thrush	PHU : 1 ex close but shy near the ravine	<i>Zoothera monticola</i>
187. White-collared blackbird	PHU, JO : B	<i>Turdus albocinctus</i>
188. Chestnut thrush	1 ex at Ghorepani	<i>Turdus rubrocanus</i>
189. Dark-throated thrush	JO, PHU :A	<i>Turdus ruficollis</i>
190. Chestnut-tailed starling	Jo: 2 ex near Ghara and a flock in terrai	<i>Sturnus malabaricus</i>
191. Brahminy starling	2 ex KT	<i>Sturnus pagodarum</i>
192. Common starling	one KB (Pink tower)	<i>Sturnus vulgaris</i>
193. Asian pied starling	comon bird in Terrai : B	<i>Sturnus contra</i>
194. Common myna	common evrywhere except along the trek	<i>Acridotheres tristis</i>
195. Bank myna	KB, KT : A-B	<i>Acridotheres ginginianus</i>
196. Jungle myna	KT: A	<i>Acridotheres fuscus</i>
197. Rufous-gorgeted flycatcher	PHU, JO : A	<i>Ficedula strophciata</i>
198. Ultramarine flycatcher	1 ex before Chitre	<i>Ficedula superciliaris</i>
199. Sapphire flycatcher	1 ex in the Botanical gardens PHU ( 6 march)	<i>Ficedula sapphira</i>
200. Verditer flycatcher	PHU, JO :A	<i>Eumyias thalassina</i>
201. Small niltava	PHU, JO : 3 ex of this beautiful bird	<i>Niltava macgrigoriae</i>
202. Rufous-bellied niltava	PHU : 2 ex on the upper slopes	<i>Niltava sundara</i>
203. Grey-headed canary flycatcher	PHU and JO :A	<i>Culicicapa ceylonensis</i>
204. Bluethroat	KB, KT : 3 ex	<i>Luscinia svecica</i>
205. Orange-flanked bush-robin	PHU, JO (Ghasa ): a few	<i>Tarsiger cyanurus</i>
206. White-browed bush-robin	a female at Ghasa	<i>Tarsiger indicus</i>
207. Oriental magpie-robin	a few in KTH, KB	<i>Copsychus saularis</i>
208. Black redstart	KB: 4 ex on Tamarisk island	<i>Phoenicurus ochruros</i>
209. White-throated redstart	JO : A	<i>Phoenicurus schisticeps</i>

210. Hodgson's redstart	PHU (Botanical gardens) : 3 ex ; JO : 1 ex. Like Redstart of the samamiscus ssp	Phoenicurus hodgsoni
211. White-winged «	JO: 6 ex	Phoenicurus erythrogaster
212. Blue-fronted redstart	JO: A	Phoenicurus frontalis
213. White-capped redstart	PHU, JO : A	Chaimarrornis leucocephalus
214. Plumbeous redstart	PHU, JO : A	Rhyacornis fuliginosus
215. Grandala	One flock of 16 birds above Muktinath	Grandala coelicolor
216. Little forktail	JO: 6 ex	Enicurus scouleri
217. Slaty-backed forktail	JO: 2 ex	Enicurus schistaceus
218. Spotted forktail	1 ex on PHU; 4 ex JO	Enicurus maculatus
219. White-throated buschat	1 first summer male on Tamarisk Island probably seen very briefly. We can't relocate this bird again	Saxicola insignis
220. Siberian stonechat	KV, Terrai, JO : A	Saxicola maura
221. White-tailed stonechat	KB: 3 ex on Tamarisk island	Saxicola leucura
222. Pied buschat	a few	Saxicola caprata
223. Grey buschat	PHU, Jo : B	Saxicola ferrea
224. Kashmir nuthatch	7 ex seen Ghasa : any white on the tail	Sitta cashmirensis
225. White-tailed nuthatch	PHU, JO : A	Sitta himalayensis
226. Wallcreeper	JO: 2 ex	Tichodroma muraria
227. Bar-tailed treecreeper	JO : 2 ex before Tuchke	Certhia himalayana
228. Rusty-flanked «	JO: 2 ex (Ghasa and Ghorepani)	Certhia nipalensis
229. Winter wren	JO : 6 ex	Troglodytes troglodytes
230. Black-throated tit	PHU, JO : A-B	Aegithalos concinnus
231. White-throated tit	Ghorepani : 3 ex into the forest	Aegithalos niveogularis
232. Sand martin	B: along the river between Po and KTH	Riparia riparia
233. Plain martin	KB: A	Riparia paludicola
234. Eurasian crag martin	JO : A	Hirundo rupestris
235. Barn swallow	KV, PO, Terrai : A-B	Hirundo rustica
236. Red-rumped swallow	A	Hirundo daurica
237. Nepal martin	JO: A	Delichon nipalensis
238. Goldcrest	JO (Ghorepani) : 2 ex	Regulus regulus
239. Red-whiskered bulbu	A	Pycnonotus jocosus
240. Himalayan bulbul	ssp of white-cheeked bulbul /PHU, JO : B-C	Pycnonotus leucogenys

241. Red-vented bulbul	C	<i>Pycnonotus cafer</i>
242. Mountain bulbul	PHU : A	<i>Hypsipetes maclellandii</i>
243. Black bulbul	PHU, JO : B	<i>Hypsipetes leucocephalus</i>
244. Oriental white-eye	PHU, JO : A	<i>Zosterops palpebrosus</i>
245. Zitting cisticola	KB: 4 ex	<i>Cisticola jundicis</i>
246. Striated prinia	PHU: ° and JO : many °, a few seen	<i>Prinia criniger</i>
247. Graceful prinia	KB: A	<i>Prinia gracilis</i>
248. Yellow-bellied prinia	KB, KT : 3 ex	<i>Prinia flaviventris</i>
249. Chestnut-crowned bush warb	KT: 1 ex	<i>Cettia major</i>
250. Yellowish-bellied bush warbl	JO ( Ghorepani ) : 1 ex °, maybe one seen on Poon Hill. Strange and beautiful song	<i>Cettia robustipes</i>
251. Grey-sided bush warbler	JO ( Ghorepani: Poon hill): 1 ex	<i>Cettia brunifrons</i>
252. Spotted bush warbler	KB: 1 ex	<i>Bradypterus thoracicus</i>
253. Paddyfield warbler	KB: 2 ex. We saw some unidentified birds into the sticks near the water: paddyfield, blyth, booted?	<i>Acrocephalus agricola</i>
254. Blyth's reed warbler	KB: 2 ex	<i>Acrocephalus dumetorum</i>
255. Clamorous reed warbler	KT: 4 ex	<i>Acrocephalus stentoreus</i>
256. Common tailorbird	JO (Birethanti) : 1 ex / KB : 3 ex	<i>Orthotomus sutorius</i>
257. White-browed tit-warbler	JO : 5 ex with very close view of this magnificent bird	<i>Leptopoecile sophiae</i>
258. Eurasian chiffchaff	JO, KB, KT: some birds of tristis ssp but 2 or 3 were with some green in the tertials (sindianus?)	<i>Phylloscopus collybita</i>
259. Dusky warbler	PO, KB, KT	<i>Phylloscopus fuscatus</i>
260. Smoky warbler	PO: 1 ex near the lake	<i>Phylloscopus fulgiventis</i>
261. Tickell's leaf warbler	PHU, KB and KT : 9 ex	<i>Phylloscopus affinis</i>
262. Buff-barred warbler	PHU : A and a few along the trek	<i>Phylloscopus pulcher</i>
263. Ashy-throated warbler	PHU and JO : 9 ex	<i>Phylloscopus maculipennis</i>
264. Lemon-rumped warbler	PHU (Botanical gardens) : 1 ex	<i>Phylloscopus proregulus</i>
265. Inornate warbler	Just one maybe 2 !	<i>Phylloscopus inornatus</i>
266. Greenish warbler	A few sure: JO, PHU	<i>Phylloscopus trochiloides</i>
267. Blyth's leaf warbler	quite common on PHU and during the trek	<i>Phylloscopus reguloides</i>
268. Yellow-vented warbler	PHU ( botanical gardens): 1 ex into a flock of warblers: lemon-rumped, grey-hooded: 5 march	<i>Phylloscopus cantator</i>

269. Golden-spectacled warbler	JO ( Ghorepani ): 2 ex on Poon Hill	Seicercus burkii
270. Grey-hooded warbler	Common bird: B	Seicercus xanthoschistus
271. Chesnut-crowned «	1 ex below Ghorepani and PHU	Seicercus castaniceps
272. Black-faced warbler	PHU and 1 JO	Abroscopus schisticeps
273. Striated grassbird	KT: 3 ex	Megalurus palustris
274. White-throated laughingthrush	PHU : A	Garrulax albogularis
275. White-crested laughingthrush	one flock : A JO	Garrulax leucolophus
276. Striated laughingthrush	PHU : 6 ex and JO : 1 ex	Garrulax striatus
277. Rufous-chinned laughingthru	PHU: 2 ex above the ravine to the summit	Garrulax rufogularis
278. Streaked laughingthrush	PHU, JO : A	Garrulax lineatus
279. Variegated «	JO ( Kalopani ) : 2 ex	Garrulax variegatus
280. Black-faced «	JO ( Ghorepani ) : 2 ex	Garrulax affinis
281. Chestnut-crowned «	PHU, JO : A	Garrulax erythrocephal
282. Red-faced liocichla	PHU : lower slopes near the quarry: 1 ex seen flying and another (heard?) Date: 24/03	Liocichla phoenicea
283. Streak-breasted scimitar babb	PHU: 2 seen + °; JO: °	pomotorhinus ruficollis
284. Black-chinned babbler	a few at PHU, 1 ex JO	Stachyris pyrrhops
285. Spiny babbler	PHU: 2 °	Turdoides nipalensis
286. Striated babbler	A	Turdoides earlei
287. Cutia	PHU : 7 ex the same day (4 march) at different places	Cutia nipalensis
288. White-browed shrike babbler	1 ex coming to drink into a smal pool into the forest at Ghasa.	Pteruthius flaviscapis
289. Green Shrike babbler	JO (Ghasa) : 2 ex	Pteruthius xanthochioru
290. Black-eared shrike babbler	PHU: 1 female	Pteruthius melanotis
291. Hoary-throated barwing	PHU and JO : 5 ex	Actinodura nipalensis
292. Chestnut-tailed minla	PHU and JO :A	Minla strigula
293. Rufous-winged fulvetta	5 ex : PHU, JO	Alcippe castaneiceps
294. White-browed fulveta	PHU, JO: common more than 30	Alcippe vinipectus
295. Nepal fulvetta	PHU: 4 ex	Alcippe nipalensis
296. Rufous sibia	very common on PHU, JO :A	Heterophasia capistrata
297. Whiskered yuhina	PHU: 2 ex	Yuhina flavicollis
298. Stripe-throated «	PHU: 2 ex / JO: 7 ex	Yuhina gularis
299. Rufous-vented «	A PHU , JO	Yuhina occipitalis

300. Great parrotbill	Ghasa and Ghorepani: 1 + 1 seen and some °. It's usefull to recognize the whistling call	Conostoma oemodium
301. Black-throated parrotbill	one flock of 40 very low on PHU	Paradoxornis nipalensis
302. Rufous-vented tit	JO : a few	Parus rubidiventris
303. Black-crested tit	1 seen before Tatopani	Parus melanolophus
304. Coal tit	JO: A	Parus ater
305. Grey-crested tit	JO: 10 ex	Parus dichrous
306. Great tit	PHU: 1 ex and Terrai: 2 ex	Parus major
307. Green-backed tit	Common bird: PHU,JO: B	Parus monticolus
308. Yellow-cheeked tit	PHU, JO: A	Parus spilonotus
309. Yellow-browed tit	PHU, JO: 2 ex	Sylviparus modestus
310. Rufous-winged bushlark	KB: A	Mirafra assamica
311. Ashy-crowned sparrow-lark	Terrai: A	Eremopterix grisea
312. Sand lark	KB: A	Calandrella raytal
313. House sparrow	Very common except on JO	Passer domesticus
314. Russet sparrow	JO:A	Passer rutilans
315. Eurasian tree-sparrow	common except into Terrai	Passer montanus
316. White-rumped munia	JO, after Birethanti: small flocks	Lonchura striata
317. Black-headed munia	JO, before Birethanti : 4 ex	Lonchura malacca
318. White wagtail	A	Motacilla alba
319. White-browed wagtail	KV, JO: a few	Motacilla madaraspatis
320. Yelow-hooded «	KT: 8-9 ex	Motacilla citreola
321. Grey wagtail	A	Motacilla cinerea
322. Oriental pipit	KV, PO, KB: A	Anthus rufulus
323. Olive-backed pipit	PHU, JO: A	Anthus hodgsoni
324. Rosy pipit	JO: 1 ex; KB: 6 ex	Anthus roseatus
325. Upland pipit	JO : 1 seen , some °	Anthus sylvanus
326. Alpine accentor	JO: above Muktinath: 26 ex	Prunella collaris
327. Robin accentor	JO: only one	Prunella rubeculoides
328. Rufous-breasted accentor	1 female on Poon Hill	Prunella strophciata
329. Brown accentor	common between Muktinath and Jomossom	Prunella fulvescens
330. Fire-breasted flowerpecker	Phu, JO :A	Dicaeum ignipectus
331. Purple sunbird	PO: 3 ex	Nectarinia asiatica
332. Gould's sunbird	PHU: 3ex	Aethopyga gouldiae

333. Green-tailed «	PHU, JO : A	Aethopyga nipalensis
334. Black-throated «	PHU: 2 ex	Aethopyga saturata
335. Crimson sunbird	JO: 1 ex	Aethopyga siparaia
336. Fire-tailed sunbird	PHU, JO: 5 ex	Aethopyga ignicauda
337. Chaffinch	1 ex before Tatopani	Fringilla coelebs
338. Fire-fronted serin	JO: 5 ex + °	Serinus pusillus
339. Yellow-breasted greenfinch	JO: A	Carduelis spinoides
340. Spectacled finch	1 male and 2 female on the way down from Poon hill. They came very close when whistling as great parrotbill. Beautiful birds !	Callacanthis burtoni
341. Blandford's rosefinch	View of a male on a top of a tree through the telescope. Same place than spectacled finch!	Carpodacus rubescens
342. Dark-breasted rosefinch	1 below Poon Hill	Carpodacus nipalensis
343. Common rosefinch	9 ex JO ( Ghorepani)	Carpodacus erythrinus
344. Beautiful rosefinch	JO: A	Carpodacus pulcherrim
345. Pink-browed rosefinch	JO: 3 ex (2 males) near Poon Hill	Carpodacus rodochrous
346. Vinaceous rosefinch	1 male near Ghorepani	Carpodacus vinaceus
347. Spot-winged rosefinch	2 ex near Poon Hill	Carpodacus rodopeplus
348. Streaked rosefinch	JO : A (fields Jomossom, Kagbeni,...)	Carpodacus rubicilloide
349. Red crossbill	JO: 5 ex at Ghorepani	Loxia curvirostra
350. Red-headed bullfinch	JO: A (Ghorepani area)	Pyrrhula erythrocephala
351. White-winged grosbeak	5 ex near Muktinath 's monastery	Mycerobas carnipes
352. Gold-naped finch	PHU: 3 ex	Pyrrhoptes epauletta
353. Crested bunting	JO: 7 ex	Melophus lathamii
354. Pine bunting	JO: A-B (Jomossom - Muktinath)	Emberiza leucocephalos
355. Rock bunting	Mostly between Muktinath and Ghasa: A	Emberiza cia
356. Yellow-breasted bunting	KB, KT: 2 ex	Emberiza aureola
357. Black-faced bunting	KB, KT: 3 ex	Emberiza spodocephala



## Taxonomic notes

64. perigrine falcon	<i>falco peregrinus peregrinator</i>
178. Long-tailed shrike	<i>Lanius schach</i>
208. black redstart	<i>Phoenicurus ochruros rufiventris</i>
258. Eurasian chifchaff	<i>Phylloscopus collybita tristis</i> and ? <i>sindanus</i>