

Fact Sheets

1. Demographic Information

Surface Area (Sq Km) :	147,181
Population (2001 Census)	23,151,423
Male	11,563,921
Female	11,587,502
Sex ratio (Male per 100 Female)	99.7
Population Growth Rate (1991-2001)(%)	2.25
Pop. Density (Pop./Km2)	157
Total Household (%)	
Urban	16.1
Rural	83.9
Urban Population (%)	13.9
Pop. Density (Pop./Km2)	157
Population by age structure	
Population 0-14 years (%)	39.3
Population 65+ years (%)	6.1
Population by Ecological Belts	
Mountains (Land area 35%)	7.3
Hills (Land area 42%)	44.3
Terai (Land area 23%)	48.4
Estimated Population (2009)**	29.3(million)
Projected Population for 2050**	49 Million
Average Growth Rate (2005-2010)**	1.8
Percentage of Urban Population **	18
Urban Population growth rate (2005-2010)**	4.9
Population Per hectare arable land and permanent crop land**	4

2. Top Ten Diseases Accounting for Morbidity

Diseases	National Total
Acute Respiratory Infection	2.56
Intestinal worms	2.43
Gastritis	2.21
Pyrexia of unknown origin	2.09
Upper respiratory track infection	1.96
Impetigo/Boils/ Furunculosis	1.58
Headache(migration)	1.58
Amoebic Dysentery	1.53
Presumed non infections Diarrhea	1.47
Falls/injuries/Fractures	1.29

Source : Annual Report, Department of Health Services (2007/2008)

3. Key findings from Nepal Demographic and Health Survey ,2006

3.1 Family Planning Knowledge of Methods	National Total
Percentage of currently married women who has knowledge of modern methods	100
Percentage of currently married women who has ever used modern method	65
Percentage of currently married women who is currently using of modern methods	44
Percentage of currently married women who has Knowledge of any methods	100
Percentage of currently married women who has ever used any method	68
Percentage of currently married women who is currently using of any methods	48
Unmet Need of Family Planning (%)	25
Spacing	9
Limiting	15

3.2 Maternal Health	National Total
Antenatal Care from Skilled Birth Attendants (SBA*)	44
Percentage of births protected against neonatal tetanus	78
Place for Delivery (% of births)	
At home	81
At Health facility	18
Percentage of Live Births	90
Median Age at first birth	19.9
Percentage of women of age 15-19 who are already mothers	13.0
Percentage of women who are married to a man who has more than 1 wife	4
Percentage of births which were assisted at delivery by SBA	19
Percentage of women receive postnatal care	33
Percentage of women 15-49 with anemia	36
*(doctor, nurse/ANM, health assistant/ AHW/MCHW)	

3.3 Child Health (in %)	
Immunization in Children (%)	
BCG	93
DPT 3	89
Polio 3	91
Measles	85
None	3
Acute Respiratory Infection (ARI) and Fever (%)	
Children under age 5 with symptoms of ARI	5
Percentage of clients taken to a health care provider for ARI	43
Children with fever	17
Percentage of clients taken to a health care provider for Fever	34
Diarrhea (%)	
Percentage of Children suffered from Diarrhea	12
Percentage of clients taken to a health care provider	27
Percentage without treatment of Diarrhea	34

Nutrition Status of Children	
Breastfeeding	
Percentage of infants ever breastfed	98
Exclusively breastfed(under 6 month)	53
Percentage of children 6-59 months with Anemia	48
Percentage of children under age 5 stunted	57
Percentage of children under age 5 wasted	13
Percentage of children under age 5 underweight	39

3.4 Infant, Child (deaths per 1000 live births) and Maternal Mortality (death per 100,000 births)	
Neonatal Mortality	33
Post Neonatal Mortality	15
Infant Mortality	48
Infant mortality for 2009 **	40
Child Mortality	14
Under 5 Mortality	61
Under 5 Mortality M/F (2005-2010 Estimate)**	52/55
Maternal Mortality rate	281

3.5 Fertility	
Total Fertility Rate (TFR)	3.3
Rural	2.1
Urban	2.1
Mountain	4.1
Hill	3.0
Terai	3.1
Total Fertility Rate (TFR) for 2009 **	2.82

4. Health Facilities & Health Human Resource under Ministry of Health and Population (MoHP)

Health facility under MoHP	in %
1. Total Health Institutions under MoHP	4396
Hospitals(Central, Regional, Sub-regional, Zonal and District)	94
Health Center	5
Primary Health Center (PHC)	201
Health Post	699
Sub-Health Post	3104
Ayurvedic Health Institution	293
2. Total Hospital Beds	6944
Health manpower under MoHP	
Doctors	1457
Nurse/ANM	11637
Paramedic/Health Assistant	7491
Village Health Worker	3190
MCHW	3985
Ayurvedic Physician	394
Baidhya	360
Health Volunteers	
Female Community Health Volunteer including Trained Traditional Birth Attendants	63326
Total Health manpower	91840

Life Expectancy at birth (2009)**	
Male	67.8
Female	66.4
Adult Literacy rate (2009)**	
Female	43.6
Male	70.3
Primary Enrollment gross (M/F)**	127/126
Secondary Enrollment (gross) M/F**	45/41
Health expenditure , Public (% of GDP)**	1.6
Access to improve drinking water sources**	89
Human Development Index (value) 2007	0.553
Human Development Index (rank) 2007	144
Human Poverty Index(2007)	32.1
Ranking of Human Poverty Index (2007)	99
Prevalence of HIV/AIDs in adult population 15-49 Yrs (%) 2008	0.55
** State of world population 2009, UNFPA	