

ANNUAL HEALTH REPORT 2023



Government of Nepal
Ministry of Health and Population
Department of Health Services
Kathmandu

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Ministry of Health and Population
Department of Health Services
Management Division
IHIMS Section

+977 1 5350320
ihims_chief@dohs.gov.np
www.dohs.gov.np
www.hmis.gov.np

November 2023

NURSING AND SOCIAL SECURITY DIVISION

Nursing and Social Security Division

Background

The Nursing

The Nursing and Social Security Division (NSSD) is one of the divisions under the Department of Health Services (DoHS). After the restructuring and institutional reform of the Ministry of Health and Population supporting the institutionalizing federal system within the ministry. It was established in 2075 B.S. and is responsible for the delivery of quality health services through the capacity development of nurses and midwives, including planning, coordination,

supervision, monitoring, and facilitation for various aspects of nursing (school health and nursing services and community health nursing services) and midwifery; the evaluation of geriatric and gender-based violence program; along with treatment and management facilities for selected diseases to impoverished Nepalese citizens at listed hospitals. This division is also responsible for the development and revision of Female Community Health Volunteers (FCHV) and other program-related policies, strategies, standards, protocols, and guidelines.

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Social Security Division

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The Nursing

- Treatment facilitation up to NPR 100,000 per patient through listed hospitals for severe diseases including cancer, heart disease, traumatic head injuries, traumatic spinal injuries, Alzheimer disease, Parkinson's and sickle cell anaemia diseases once in a life time.
- Pre-transplant (HLA & cross match) test support up to NPR 50,000;
- Renal transplantation costs up to NPR 400,000 per patient;
- Medication costs up to NPR 100,000 for post-renal transplant cases;
- Free haemodialysis and peritoneal dialysis services and
- Free medical treatment for acute kidney infections up to NPR 100,000.
- Conducting Training for empowering the health workers (nurses and para-medics) in regards to clinical as well as technical (machine -related) skills.

Geriatric Health Service Strategy 2078/79-2087/88

1.1. Background

This strategy reflects the commitment of the government to ensuring comprehensive healthcare services to all senior citizens of Nepal, as part of the progressive realization of Universal Health Coverage. The strategy supports other related policy interventions and is intended to be complementary and reinforcing, and not to replace or undermine them. This strategy will inform and support synergies, collaboration and complementarities with partner organizations and stakeholders engaged in the field of geriatric health in the country.

Table 1: School Health and Nursing Program Implemented by Nursing and Social Security Division

Province	Initiating skin-to-skin contact after birth	Chlorhexidine applied on umbilicus	Ensured misoprostol tablets taken
Koshi Province	6896	6402	1919
Madhesh Province	24976	17199	1386
Bagmati Province	3023	2391	916
Gandaki Province	782	788	415
Lumbini Province	1880	1525	1492
Karnali Province	1956	1777	381
Sudurpashchim Province	958	837	234
National	40471	30919	6743

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NURSING AND SOCIAL SECURITY DIVISION

Background

In Article 35 of the Constitution of Nepal, every citizen shall have the right to receive basic health services free of charge from the state as provided by law and no one shall be deprived of emergency health services. The constitution has also guaranteed senior citizens the right to special protection and social security from the state. An equitable and inclusive health system is a Government priority and is reflected in the National Health Policy, 2019, the Fifteenth Plan (2019/20 to 2024/25) and the Gender Equality and Social Inclusion (GESI) Strategy of the Health Sector. These policies provide for improving the access of senior citizens to quality health services and strengthening health service delivery to be inclusive and responsive to the needs of senior citizens.

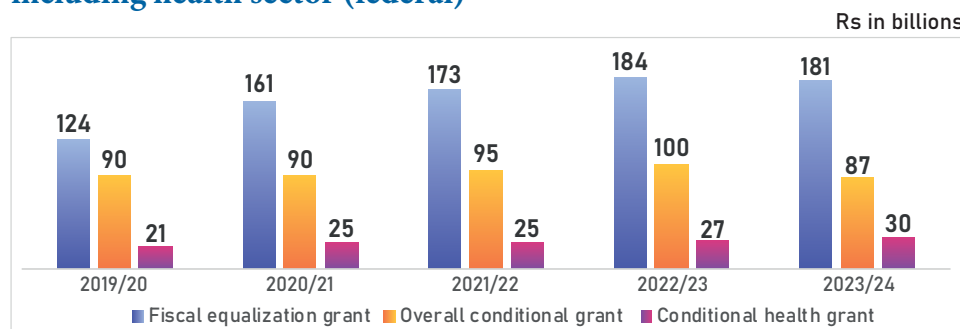
Geriatric health service strategy 2078/79-2087/88 provides direction and accountability for improving health services for the aged in Nepal. It recognizes that senior citizens face increased risk of chronic conditions and multi-morbidities, with reduced functional capacity, and that health services have to account for these limitations and needs. It sets out a comprehensive framework for planning, funding, and providing health care and health protection services to the elderly. The strategy encompasses population-based and service

delivery strategies for healthy aging and covers prevention, resilience building and primary health care, living well with long-term health conditions, better support for senior citizens with high and complex health needs, and improving recovery and rehabilitation from acute episodes. The strategy prioritizes, guides, and sets standards for geriatric health services. It mainstreams geriatric health issues in the national health system, allocates accountability, and recognizes that adaptation of the strategy will be required at provincial and local levels to be relevant and effective. In recognition of the vulnerability and rights of senior citizens, the Ministry of Health and Population decided to develop a Geriatric Health Service Strategy. The Ministry has enforced this strategy following the powers entrusted to the Ministry by the Government of Nepal.

Background

The Ministry of Health and Population, by the spirit of the constitution, has been expanding the establishment and operation of senior citizen wards/services in hospitals to provide free and subsidized health services to senior citizens in every state. MoHP has started the concept of a

Trend on Inter Governmental Fiscal Transfer, including health sector (federal)

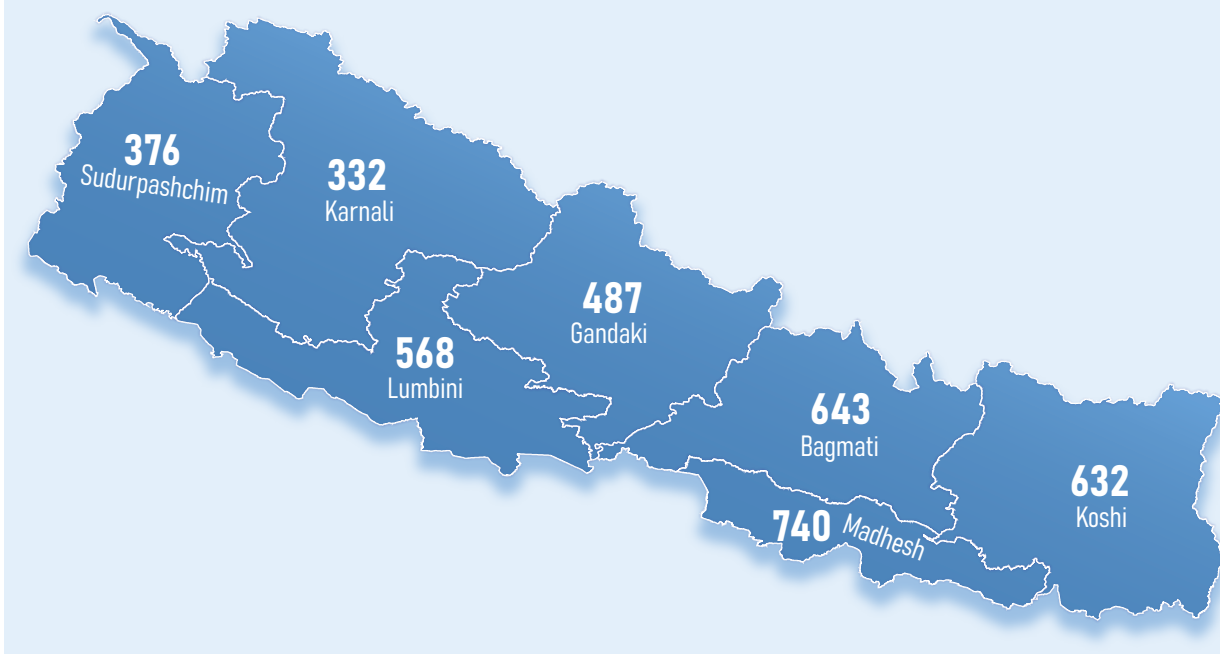


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6. Free medical treatment for acute kidney infections up to NPR 100,000.

Conducting Training for empowering the health workers (nurses and para-medics) in regards to clinical as well as technical (machine -related) skills.

Health Posts by Province (2079/80)



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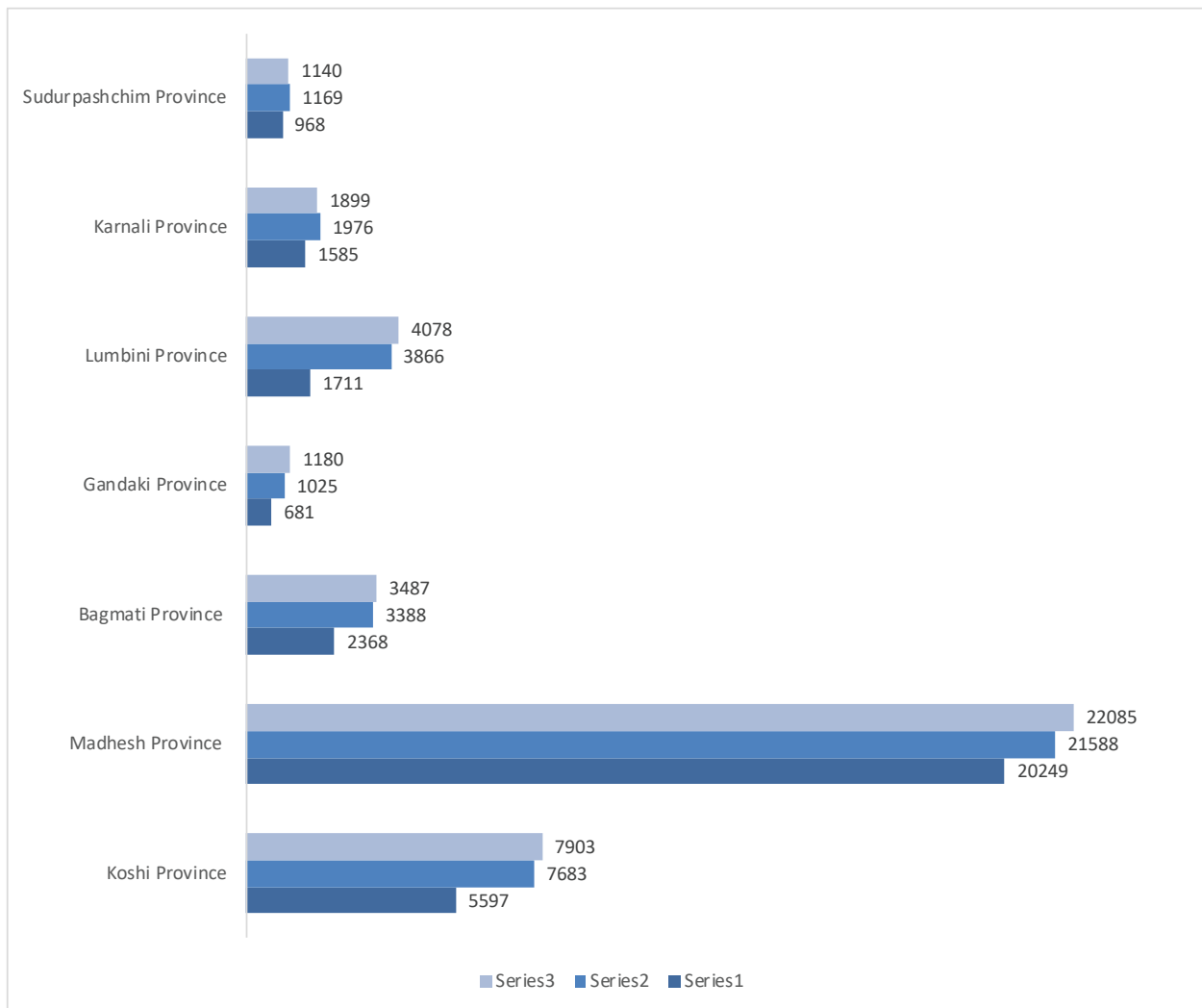
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Social Service Unit (SSU)

Article 35 of the Constitution of Nepal states that every citizen shall have the right to receive basic health services free of charge as provided by law and no one shall be deprived of emergency health services. Given the spirit of the constitution, the government has implemented the free National Health Service program to provide free or subsidized inpatient, outpatient, and emergency health services to the patients of the target groups. Social Service Unit was established in fiscal year 2065/66 in central, regional, sub-regional and zonal hospitals. In federal and provincial level hospitals, the MOHP has provided a conditional budget, and free medicines.

The hospitals have been providing services according to the SSU establishment and operation guideline, 2078. The objective of the SSU is to effectively facilitate and coordinate with hospital staff to provide free and partially free health care services to the target group (poor and ultra, helpless, people with disabilities, geriatric population, GBV survivors, emergency patient).

School Health and Nursing Program Implemented by Nursing and Social Security Division



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