**g]kfn k|b]z of]hgf**

**k|b]z @ sf] jt{dfg l:ylt / /0fgLlts ljsNkx?**

****

clGtd k|ltj]bg

@)@)



k|b]z ;/sf/

k|b]z gLlt tyf of]hgf cfof]u

k|b]z @

hgsk'/wfd, g]kfn

प्रस्तुत कार्यकारी सारांश EPI को सहयोगमा प्रदेश २ सरकारको नीति तथा योजना आयोगले तयार गरेको प्रतिवेदन - Nepal Provincial Planning: Baseline and Strategic Options for Province Two - को कार्यकारी सारांशको अनुवादित अंश हो। उक्त प्रतिवेदन हेर्न <http://epi.org.np/sites/default/files/file_resources/Nepal%20Regional%20Report_Final%20Layout%20%282%29.pdf> मा जानुहोस्

**ljifo ;"rL**

[!= k[i7e"ld 1](#_Toc75423657)

[@= jt{dfg l:ylt 1](#_Toc75423658)

[#= If]qut ljsf; of]hgfx?sf nflu ;'emfj 4](#_Toc75423659)

[$= sfof{Gjog of]hgfsf nflu ;'emfj 7](#_Toc75423660)

**sfo{sf/L ;f/f+z**

# != k[i7e"ld

g]kfn Ps dxTjk"0f{ P]ltxfl;s r/0fdf k|j]z u/]]sf] 5 . lj= ;+= @)&@ ;fnsf] ;+ljwfgn] tLg :t/sf] clwsf/ lgIf]k0f k|ls|of :yflkt u/];+u} cfkm\gf] If]qsf] ljsf;sf nflu k|b]z ;/sf/n] of]hgf th'{df u/L cufl8 a9\g cfjZos 5 . o;n] If]qLo :t/df pRr bIftf Pj+ k|efjsfl/tfsf ;fy cfly{s cj;/x?sf] ljsf; Pj+ lj:tf/ ug]{ df}sf ;[hgf u/]sf]5 . o;}af6 g} lbuf] / ;dfj]zL ljsf; cl3 a9|g ;Sb5 . DFID sf] ;xof]udf ;+rflnt sfo{s|d Economic Policy Incubator n] Arup ;+:yfsf] k|fljlws ;xof]udf k|b]z @ / s0ff{nL k|b]zsf] k|b]z ;/sf/nfO{ k|fb]lzs of]hgf agfpg ;xof]u u/]sf] 5 .

o; k|ltj]bgsf] p2]Zo k|b]z @ nfO{ 7f]; k|df0fsf cfwf/df k|fyldstf;lxt 5gf}6 ul/Psf sfo{s|dx?sf] ;"lr k|bfg ug'{ xf] h'g Ps jf ax'–of]hgf rs|df sfof{Gjog x'g]5g\ . oL sfo{s|dx? :yfgLo ;d'bfox?4f/f ;+rflnt x'g]x'Fbf cfly{s, jftfj/0fLo, ;fdflhs / k"jf{wf/;DaGwL jf:tljstfdf cfwfl/t x'g]5g\ . o;df k|of]u ul/Psf] ljlw k/fdz{df cfwfl/t 5 / o;n] ljBdfg l:yltsf] ljZn]if0fÙ ljsf; of]hgfsf] cjwf/0ff Ù p2]Zo lgwf{/0f / of]hgfsf] k|fyldsLs/0fnfO{ klg ;d]6]sf] 5 .

# @= jt{dfg l:ylt

k|b]z + @ g]kfnsf] ;+ljwfg @)&@ nfu' ePkl5 :yfkgf ePsf] xf] / l;/fxf, ;Kt/L, wg'iff, dxf]Q/L, /f}tx6, af/f, k;f{, ;{nfxL nufot cf7 lhNnfx? ldn]/ ag]sf] 5 . lj=;+= @)^\* Dff sl/a (,^^! ju{ lsnf]ld6/ If]qkmn / %$ nfveGbf a9L hg;+Vof /x]sf]] k|b]z @ b]zs} a9L hg3gTj ePsf] k|b]z xf] . o;sf] /fhwfgL wg'iffsf] hgsk'/ pk–dxfgu/kflnsf - hg;+VofM !%(,$^\* \_ xf] . /, jL/u~h ;a}eGbf 7"nf] zx/ xf] - hg;+VofM @$),(@@ \_ .

**@=! Jfftfj/0f, k|sf]ksf] hf]lvd / hnjfo' kl/jt{g**

e"–df};dL, w/ftnLo / hnj}1flgs cj:yf tyf ef}uf]lns cjl:ylt k|b]z @ sf alnof kIf x'g\ / logLx? g} o; k|b]zsf t'ngfTds nfesf ;|f]tx? klg x'g\ . l;jflns kj{t शृंखला x'b} aUg] gbLx? af6 l;+lrt d}bfgL efudf cjl:yt o; k|b]zsf] pj{/ e"ldn] s[lif / k|fs[lts ;|f]tx?sf] ljsf;df ;xof]u k'¥ofpF5 . t/, xfnsf] ;fdflhs, cfly{s k"jf{wf/, ;]jf / jftfj/0fLo c;'/Iff / k|sf]ksf] ;Gbe{df k|b]z @ pRr hf]lvddf klg /x]sf] 5 . ;fy}, xfn cg'ej e}/x]sf] / k|If]lkt hnjfo' kl/jt{g tyf dfgj–l;lh{t jftfj/0fLo x|f;sf] ;+o'Qm k|efjn] hf]lvdx? a9fO{ dflg;x?df yk c;'/Iff k}bf u/]sf] 5 .

k|b]zsf] of]hgf k|lqmofn] oL ;a} tTjx?nfO{ dWogh/ ub}{ s[lif, l;+rfO{, pBf]u Pj+ ko{6g kl/of]hgfx?df nufgL ug]{ gLlt lng' kb{5 . o:tf kl/of]hgfx? Psftkm{ k|sf]kx? / hnjfo' kl/jt{gaf6 sd k|efljt x'G5g\ eg] csf{tkm{ logn] dfgjLo hf]lvd 36fpg klg ;xof]u k'¥ofpF5g\ . kl/of]hgfx?sf] th'{df / lgdf{0fdf pTyfgzLntfnfO{ ;Daf]wg ug{ oL s'/fx?df Wofg k'/\ofpg' kb{5M s\_ sdhf]/ / hnjfo'–c;'/lIft kof{j/0fÙ v\_ hn;|f]t cefjsf] kl/b[ioÙ u\_ af9Lsf] hf]lvdÙ 3\_ h+un, hn tyf cGo k|fs[lts ;|f]tx?sf] cTolws bf]xgÙ / ª\_ jt{dfg / eljiodf x'g ;Sg] vfB c;'/Iffsf d"n sf/sx? .

**@=@ hg;f+lVosLo tyf ;fdflhs kl/j]z**

k|b]z @ df g]kfnsf] pRrtd hg3gTj /x]sf] 5 . of] cfkm\}df Ps ;+Effjgf xf] lsgeg] o;n] cGt/cfj4tf / sltko ;]jf k|jfxsf kIfx?nfO{ ;lhnf] t'NofpFb5 . hg3gTjn] s[lif, cf}Bf]lus / ko{6sLo pknlJwdf ;3fp k'¥ofpF5 . t/ sd k|ltJolQm cfo, jf:tljs Ifdtf eGbf sd pTkfbg / ;lqmo hgzlQmdfem cfo ;|f]tsf] ljljwtfsf] cefjn] k|b]z @ sf] cy{tGq cem} klg pTyfgzLn x'g ;s]sf] 5}g . To;}n] n}+lus lje]b, Go'g lzIff tyf ;fIf/tf / o'jf hgzlQmsf] a;fO{ ;/fOnfO{ ;Daf]wg ug{ cfjZos 5 .

o; ;Gbe{df b'O{6f s'/fx?df Wofg k'¥ofO{ of]hgf agfpg cfjZos 5 M s\_ cfly{s ljsf;;+u ;fdflhs ljsf;nfO{ cfj4 ug]{Ù / v\_ ;]jf ;'ljwfaf6 alGrt hg;+Vofsf] nflu ;/;kmfO, :jf:Yo / u/LjLsf dxTjk"0f{ ;"rssf] ljsf; ug{ d'Vo ?kdf ;a} If]qdf ljsf; kl/of]hgf lgdf{0f u/L ;lqmo ?kdf dlxnfx? / o'jfx?nfO{ d"No >[+vnfdf ;dfj]z ug{ pgLx?nfO{ gofF ;Lk k|bfg ug{] .

**@=# cfly{s kl/j]z**

k|b]z @ nfO{ alnof] cy{tGqsf] cfwf/ ePsf] k|b]zsf] ?kdf lng ;lsG5 . o;sf] >]o pj{/ hdLg, cf}Bf]lus cfwf/, d"t{ / cd"t{ ;f+:s[lts ;Dkbfsf] pknAwtf, ko{6gsf] ljsf;sf nflu k|fs[lts ;|f]t, 7"nf] >dzlQm -b]zs} pRrtd hg3gTj ePsf] If]q\_ / b]zsf ;fgf tyf demf}nf pBf]ux?nfO{ hfG5 .

k|b]z @ g]kfnsf tLg pRr s[lif / cf}Bf]lus s]Gb|dWo] Ps xf] hxfF 7"nf l;+rfO{ If]q -#(#,%\*@ x]S6/\_ tyf pRr cg'kftsf] l;+lrt hdLg -&$Ü\_ / w]/} ;+Vofdf pBf]ux? -%)!\_ /x]sf 5g\ . cf}Bf]lus pTkfbg -#$Ü\_ / dT:o pTkfbg -%%Ü\_ ;lxt of] k|b]z oL If]qdf c? ;a} k|b]zx? eGbf cufl8 /x]sf] 5 . t/ sltko ;d'bfodf k|ltJolQm cfo (PPP$ $(@@\_ w]/} Go'g ePsf] / ljleGg lhNnfaLrsf] c;dfgtfn] cfly{s nfesf] pRr k|ltkmn / s"n d"No clej[l4 ;dfg ?kn] ljt/0f ePsf] 5}g eGg] hgfpF5 . ef/tLo ;Ldf;+usf]] /0fgLlts cjl:ylt, jL/u~h ;'Vvf jGb/ufx, k|:tfljt cGt/f{li6«o ljdfg:yn, gLhu9 / sf7df8f}+–t/fO{ b|'tdfu{n] k|b]zsf] Jofkf/ / ko{6gdf /x]sf] t'ngfTds nfenfO{ bzf{pF5 .

o;n] 7"nf s[lif / cf}Bf]lus pTkfbgnfO{ ;xof]u k'¥ofpF5 . t/ o;sf nflu /f]huf/Ldf ljljwtf / cfo ljt/0fsf] plrt ;+oGqsf] Joj:yf x'g'kg]{ x'G5 . oL tLg k|d'v If]qsf] cfly{s ljsf; vf;u/L tLgj6f ljifodf s]lGb|t x'g' kb{5 M s\_ k|ljlw x:tfGt/0fdfkm{t ;DefJo cfly{s If]qsf] klxrfg u/L gjk|jt{gLo cf}Bf]lus pTkfbgnfO{ lj:tf/ ug]{ Ù v\_ :df6{ s[lif cyf{t ;Lk ljsf; / sd vlr{nf] l;+rfOdfkm{t s[lif pTkfbsTj j[l4 ug]{ Ù / u\_ ;d'bfo / ufFp ;d"x ;+nUg x'g ;Sg] j}slNks ko{6gnfO{ hf]8 lbg] .

**@=$ k"jf{wf/, cfj4tf / ljsf;sf If]qx?**

cfj4tf / /0fgLlts cjl:ylt k|b]z @ sf ;zQm kIf x'g\ . b'O{ d'Vo cfly{s s]Gb| / ltgsf jl/kl/sf pTkfbg If]qdf x'g] Ps} k|sf/sf cfly{s ultljlwx?n] o; k|b]znfO{ :jfefljs ?kdf g} Ps æcfly{s If]qÆ agfPsf 5g\ . . oxfF ljleGg k|sf/sf oftfoft ljsf;sf] pRr ;Defjgf 5 / t'ngfTds ?kdf plrt ljB'tLs/0f, kfgL / ;"rgf k|ljlwsf] pknAwtf klg 5 . t/ kof{Kt dfqfdf dd{t ;+ef/sf] cefjn] ahf/sf] kx'Fr -s[lif dfu{\_ / k"jf{wf/df x|f; x'g uPsf] 5 h;sf nflu zx/Ls/0f of]hgf / lgodgdf ;'wf/ ug{ ;lsG5 . k"jf{wf/sf] yk ;'b[9Ls/0fn] k|b]zsf] ;+efjgf / t'ngfTds nfe a9fpg]5 . o;}aLr, jftfj/0fLo c;/x?nfO{ Wofg lbP/, hf]ufP/ tyf sdL u/fP/ k|fs[lts hf]lvd Joj:yfkg u/L ko{6g cfsif{0fnfO{ ;'b[9 ug{ ;lsG5 . k|b]zel/ a;f]af; ug]{x?sf aLr ;]jf tyf sfo{x?df c;dfgtf /x]sf] 5 . pbfx/0fsf nflu ($ k|ltzt gu/kflnsf / ufpkflnsfx? dxTjk"0f{ ;]jfaf6 jl~rt 5g\ eg] ;]jfsf] u'0f:t/ klg c;dfg /x]sf] 5 .

k|b]zsf] of]hgf k4ltn] lgDglnlvt ljifodf Wofg k'/\ofpg' kb{5M

s\_ ;|f]tsf] :yfgLo ljt/0fnfO{ ;'wf/ ug]{

v\_ cGt/–df]8n oftfoftdf nufgL ug]{

u\_ jftfj/0fLo of]hgfnfO{ k|fyldstfdf /fVg]

3\_ xfn ljBdfg cfly{s s]Gb|x? / ljsf; x'b} u/]sf s]Gb|x?nfO{ ;xof]u k'Ug] u/L oftfoft / phf{ nufotsf k"jfwf{/nfO{ k|fyldstf lbg] Ù

ª\_ jftfj/0fnfO{ gsf/fTds k|efj gkfg]{ .

**@=% t'ngfTds nfe**

k|b]z @ ;+u t'ngfTds ?kdf pko'Qm dlN6df]8n oftfoft k"jfwf{/dfkm{t k|To]s If]qnfO ;d]6\g ;Sg] t'ngfTds nfesf] bfo/f /x]sf] 5 . k|b]zsf pBf]ux? /fli6«o­ / cGt/f{li6«o :t/df k|lt:kwf{Tds 5g\ . lj= ;+= @)&$–@)&% df s"n /fli6«o­ j:t'Jofkf/sf] $$Ü jL/u~h gfsfaf6 ePsf] lyof] . cf}Bf]lus pTkfbgsf nflu jL/u~h–l;d/f 7"nf] cfwf/:ynsf ?kdf /x]sf] 5 . km/flsnf] jL/u~h–kyn}of cf}Bf]lus sl/8f]/;lxt af/fdf cf}Bf]lus k|ltJolQm s'n d'No clej[l4 pRr /x]sf] 5 . k/Dk/fut?kdf "rice bowl" dflgg] o; k|b]zdf 7"nf] If]qkmn -#(#,%\*@ x]S6/\_ / w]/} l;+lrt hdLg -&$Ü\_ sf sf/0fn] s[lif If]qnfO{ 7"nf] nfe k'u]sf] 5 . k|To]s jif{ a9Ldf tLg afnL;Dd v]tL x'g] hnjfo' If]qÙ pRr txsf] If]qut s"n pTkfbg -pbfx/0f /fli6«o­ pTkfbgsf] %&Ü df5f pTkfbg\_, / cf}Bf]lus afnLsf] dfu ePsf pBf]ux? -pbfx/0f pv' / ;'tL{\_ n] klg t'ngfTds nfesf If]qx?sf] k|ltlglwTj ub{5g\ . ko{6g rflx cGo k|b]zsf] t'ngfdf sd k|lt:kwf{Tds 5 . k|b]z @ n] k|fs[lts cj:yf / cGo ljz]iftfsf lx;fan] ko{6gdf l5d]sL k|b]zx?;+u k|lt:kwf{ ug{ g;s]sf] cj:yf 5 .

o; k|b]zsf pkIf]qx?df /x]sf] ahf/nfO{ /fd|f];Fu nlIft ug]{xf] eg] t'ngfTds nfe xfl;n ug{ ;lsg]5 . h:t}, klZrddf k;f{ /fli6«o lgs'~h / k"j{df sf]zL l;d;f/sf] jl/kl/ dgf]/~hgfTds, P]ltxfl;s, wfld{s, ;f+:s[lts / kof{–k{o6gsf] ljsf; ug{ ;lsG5 . o;;DaGwL of]hgfn] lgDg s'/fx?df Wofg k'¥ofpg kb{5 M

s\_ ljBdfg / eljiodf k"+hL nufgLsf nflu dlN6df]8n / ax'–If]qLo oftfoft Ifdtf clej[l4 ug]{Ù

v\_ pBf]udf k|ljlw x:tfGt/0fdfkm{t lg/Gt/ gjk|jt{gLo sfo{qmd ug]{ Ù

u\_ sdhf]/ s[lif pTkfbsTjsf] sf/ssf ?kdf /x]sf] jftfj/0fLo tyf k"jfwf{/sf r'gf}tLx?nfO{ ;Daf]wg ug]{Ù

3\_ ko{6g ljsf;sf nflu cfjZos kg]{ kof{j/0fLo tyf P]ltxfl;s÷;f+:s[lts ;DklQsf] ;'/Iff ug]{ .

# #= If]qut ljsf; of]hgfx?sf nflu ;'emfj

ljsf; /0fgLltsf] ;du| nIo eg]sf] -s\_ pBf]u If]qdf ul/g] gjk|j{tgsf dfWodaf6 xfl;n ul/g] ;dfj]zL cfly{s ljsf; -v\_ :yfgLo cfly{s ljsf;nfO{ ;xof]u k'¥ofpg] vfnsf ko{6gsf cj;/x?sf] k|j{4g / -u\_ s[lif pTkfbsTjdf j[l4 / lj:tf/ ug'{ g} xf] . k|b]z @ sf] ljBdfg l:yltsf] ljZn]if0fn] s] b]vfpFb5 eg] gjk|jt{g / pTkfbsTjdf hf]8 lbg] gu/kflnsfx?n] cfly{s j[l4sf] 7"nf] lx:;f k|fKt u/]sf 5g\ . o;n] k|b]zdf c;dfg cfly{s ljt/0fnfO{ phfu/ u/]sf] 5 . k|b]z ;/sf/sf] r'gf}tL / ljsf;sf] k|d'v k|fyldstf eg]sf] o; k|sf/sf] cfly{s j[l4nfO{ ;dtfd"ns 9+un] k'glj{t/0f ug'{ xf] . o;sf nflu :yfgLo cfk"lt{ >[v+nfsf] ljsf; u/L Jofkf/of]Uo j:t'x? -kmnk"mn\_ nfO{ a9fjf lbg ;lsG5 eg] d"No clej[l4 -h:t}, cf}Bf]lus pTkfbg\_ / k|zf]wg ;DaGwL ultljlwx? -h:t}, l;d]G6\_ nfO{ klg cufl8 a9fpg ;lsG5 . o:t} ;Dkbf ko{6gnfO{ klg j}slNks cj;/sf ?kdf ljsf; ug{ ;lsG5 .

ljleGg :yfgsf] ljsf; /0fgLltn] lgDg s'/fx?df hf]8 lbg' kb{5 M

s\_ jL/u~h, hgsk'/ / ;DejtM /fhlj/fhsf d'Vo d'Vo cfly{s s]Gb|x? / t'ngfTds nfesf If]qx? / k|zf;lgs tyf ef}lts k"j{fwf/nfO{ Ps csf{;+u cfj4 u/L ;3gtf xfl;n ug]{ -h:t}, l;/fxfdf ;+DefJo ljz]if cfly{s If]q\_Ù

v\_ k|b]zleq cfly{s cGt/;DaGwx?nfO{ lj:tf/ ug]{Ù

u\_ k"j{ klZrd /fhdfu{sf ljleGg cfly{s s]Gb|x?sf aLr sfo{ut ;DaGw ;'b[9 u/L lj/u~h / hgsk'/h:tf s]Gb|x?sf] ;DaGwnfO{ clwstd ?kdf pkof]u ug]{ Ù

3\_ o; k|sf/sf] cfly{s ;DaGwnfO{ /fhlj/fhh:tf] t];|f] s]Gb|;+u klg cfj4 ug]{ Ù

ª\_ pQ/–klZrd If]qsf lqe'jg /fhky / ag]kf alb{jf; /fhdfu{sf jl/kl/ /x]sf s]Gb|x?nfO{ s|dzM lj/u+h / hgsk'/;+u cfj4 ug]{ Ù

r\_ ef/t;+u hf]l8g] ;xfos /fhdfu{x? / cGo ;xfos /fhdfu{x?nfO{ klg Ps csf{;+u cfj4 ug]{ / vf; u/L t];|f] dxTjk"0f{ cfly{s s]Gb|sf ?kdf /fhlj/fhsf] ljsf; ug]{ .

**#=! pBf]u**

k|b]z @ df pBf]usf] p2]Zo / ljsf;sf sfo{s|dx? lgwf{/0f ubf{ pRr cf}Bf]lus j[l4dfkm{t ;d[4 k|b]zsf] kl/sNkgf ul/Psf] 5 . o;n] s[lifhGo pBf]u / cGo cf}Bf]lus pTkfbgsf dfWodaf6 ul/jL 36fpg ;xof]u k'Ug] 5 . o;sf] k|d"v p2]Zo pBf]usf] bIftf / pTkfbg clej[l4 u/L k|b]z txdf cfo / /f]huf/sf cj;/ j[l4 ug'{ xf] . o;sf vf; p2]Zox? lgDg 5g\ M

* k|b]zsf] cf}Bf]lus ljsf;sf nflu cfjZos /0fgLlt / lgofds ;+/rgfsf] ljsf; ug]{Ù
* k|b]zdf nufgLsf] jftfj/0fnfO{ k|efjsf/L agfpg ef}lts k"jfwf{/ ljsf; ug]{Ù
* n3', 3/]n' tyf ;fgf pBf]ux?nfO{ ;d[l4sf] jfxs aGg ;Sg] u/L k|j4{g / ljsf; ug]{ Ù
* /fli6«o­ kl/k|]Iodf dxTjk"0f{ 7xl/g] d'Vo cf}Bf]lus If]qx?sf] k|fyldsLs/0f ug]{Ù
* ;Lk ljsf; sfo{qmd tyf pko'Qm ;+:yfut k"jf{wf/4f/f nufgLsf nflu pko'Qm jftfj/0f l;h{gf ug]{ .

pBf]usf nflu th'{df ul/g] ljsf; sfo{qmdx?sf nflu pBf]usf] gj–k|jt{g IfdtfnfO{ jL/u~h / cf;kf;sf If]qdf s]lGb|t ug'{ kb{5 . jL/u~hdf b]lvPsf] cy{tGqsf] :yfgLos/0f / ljlzi6Ls/0fnfO{ gj–k|jt{gdf cfwfl/t cfly{s j[l4 xfl;n ug]{ u/L cufl8 a9fOg' kb{5 . cf}Bf]lus k|lti7fgx? / pBf]u Joj;fo kl/kSj x'b} uPkl5 d"No >[+vnfsf] x/]s r/0fdf cj;/x? l;lh{t x'G5g\ / cGo :yfgdf km}lnG5g\ -pbfx/0f, /f}tx6\_ . o:tf ljsf; sfo{qmdx?df ljBdfg cf}Bf]lus sf]l/8f]/;Dd kx'r x'g] dfu{x?nfO{ k"0f{tf lbg], dlN6df]8n oftfoft k"j{wf/sf] ljsf; ug]{ / k|b]z el/g} /f]huf/L / cGo cj;/x?sf] c;dfg ljt/0fnfO{ ;Daf]wg ug]{ cGo pkfox? klg kb{5g\ . pBf]usf nflu th{'df ul/g] ljsf; sfo{qmdx?n] ljleGg gLlt / lgodgsf/L x:tIf]kx?sf] ;fy;fy} k|b]z @ el/g} cGt/–cfa4tf / ljt/0fd"ns k"jf{wf/sf] cfjZostfnfO{ klg :ki6 kf/]sf 5g\ .

**#=@ s[lif / l;+rfO{**

k|b]z @ df s[lif / l;+rfO{sf] p2]Zo / ljsf; sfo{qmdx? lgwf{/0f ubf{ e"ld;'wf/, ;'b[9Ls/0f, cfw'lgsLs/0f / Jofj;foLs/0fdfkm{t lbuf] ;d[l4 xfl;n ug]{ Wf]o /flvPsf] 5 . l;+rfO{sf] dxTjk"0f{ nIo eg]sf] jif{ el/g} lbuf] ?kdf l;+rfO{sf nflu e"ldut / ;txdf /x]sf] kfgLsf] k|of]u u/L s[lif pTkfbsTjdf j[l4 ug{' xf] . o;sf ljz]if p2]Zox?df lgDg s'/fx? /x]sf 5g\ M

* ;'b[9 s[lif k|ljlwx? dfkm{t pTkfbg / pTkfbsTj j[l4 ug]{]Ù
* j}1flgs pTkfbgdfkm{t pTkfbgsf] Jofj;flosLs/0f / lgof{t ug]{ tyf km;n kZrftsf Joj:yfkg cEof;x?nfO{ ;'b[9 ug]{Ù
* nfut Go"gLs/0f / ;|f]tx?sf] bIf pkof]usf] dfWodaf6 ;|f]tx?sf] pTkfbsTj ;'wf/ ug]{Ù
* hnjfo' kl/jt{gsf] k|lts'n c;/x? 36fpFb} s[lif / jgdf cfwfl/t pTkfbsx?sf] pTkfbg a9fpg]Ù
* xfn k|of]udf /x]sf ;txL Pj+ e"ldut kfgLsf] pkof]u u/L ul/g] l;+rfO{ sfo{qmdsf] ;'wf/ / cfw'lgsLs/0f u/L @),\*)) x]S6/ l;+rfO{of]Uo hdLgdf l;+rfO{sf] ;'lglZrtf k|bfg ug]{Ù
* l;+rfO{sf] cefj /x]sf gofF / e}/x]sf l;+rfO{ of]Uo hdLgdf e"ldut kfgLsf] ljsf; dfkm{t (!,))) x]S6/ s[lif of]Uo hdLgdf l;+rfO{sf] ;'lglZrtf k|bfg ug]{ .

s[lif tyf l;+rfO{sf nflu ljsf; sfo{qmdn] d'VotM k|b]zsf] dWo efudf /x]sf] xfnsf] pRr s[lif pTkfbg If]qnfO{ hf]8 lbPsf] 5 . pTkfbg clej[l4sf lglDt s'g} vf; :yfgdf nlIft gu/L ljif]z x:tIf]kx? -h:t}, afnLgfnL / kz' ljljwtf\_ ug{' cfjZos /x]sf] 5 . of] If]qdf Plss[t e"ld :jfldTj, ofGqLs/0f / l;+rfOh:tf pTkfbgsf ef}uf]lns cj/f]wx?nfO{ ;Daf]wg ug]{ Ifdtf 5 . k|b]zsf] dWo efudf k|:tfljt ;'gsf]zL 8fOeh{g kl/of]hgfx?af6 nfe k'Ug] ;Defjgf /x]sf] 5 . t/ ;dfg cfly{s nfe / /f]huf/Lsf cj;/x? afF8kmfF8 ug{ s[lif ljsf;nfO{ s]Gb|laGb'eGbf aflx/ n}hfg] k|oTg ug'{ kb{5 . k|b]zsf] k"jL{ / klZrdL efudf ljleGg ;xfos If]qx?sf] klxrfg ul/Psf] 5 h;df klZrddf s[lifn] pBf]unfO{ ;xof]u u5{ / k"j{df yk cj;/sf] l;h{gf ug{ ;Sb5 .

**#=# ko{6g**

ko{6g If]qdf p2]Zo / ljsf;sf sfo{qmdx? lgwf{/0f ubf{ j[xt cy{tGqdf ko{6gsf] of]ubfgnfO{ a9fpg]Ù /f]huf/Lsf cj;/x? l;h{gf ug]{Ù nlIft ;d'bfosf nflu j}slNks cfo l;h{gf ug]{ / Ù wfld{s÷;f+:s[lts÷k|s[ltdf cfwfl/t ko{6sLo ultljlwnfO{ k|j4{g u/L b]zsf nflu /fhZj kl/rfng ug]{ h:tf s'/fx?nfO{ Wofg lbOPsf] 5 . o;sf] k|d'v p2]Zo eg]sf] ko{6sL]o ultljlw tyf ;]jfsf] bfo/f lj:tf/ u/L j:t' / ;]jfsf] cfly{s d"No clej[l4 ug]{ / To:tf ;]jf tyf ultljlwjf/] pbLodfg ahf/df hgr]tgf km}nfpg' /x]sf] 5 . eljiosf] ;kmntf jflif{s cfudg ;+Vof, k|lt JolQm ko{6s vr{ / a;fO{sf] cjlwsf cfwf/df dfkg ug{ ;lsG5 . o;sf ljz]if p2]Zox? lgDg /x]sf 5g\ M

* a9\bf] ahf/df ljljw 3/]n' tyf cGt/f{li6«o cfjZostfnfO{ ;Daf]wg ug{ ko{6g pTkfbg ljsf; ug{'Ù
* k|efjsf/L k|zf;sLo / lgofds 9fFrfsf] ljsf; u/L ko{6sLo kl/of]hgf / ;]jfdf nufgL ug'{Ù
* kof{Kt k"jf{wf/, ;]jf / ;Lkx?sf] dfWodaf6 ko{6g k|j4{ssf] Ifdtfsf] lj:tf/ / ;'b[9Ls/0f ug'{

o;;DaGwL ljsf; sfo{qmdn] P]ltxfl;s, wfld{s / ;f+:s[lts ;DkbfnfO{ dWogh/ ub}{ k|b]zsf] k"j{, dWo / klZrdsf ljBdfg tLg s]Gb|x?sf] ljsf;df hf]8 lbg'kb{5 . k|b]zsf] d'Vo uGtJosf] ?kdf /x]sf] hgsk'/n] uf}/jk"0f{ Oltxf; / wfld{s dxTj af]s]sf] 5 . g]kfn–ef/t ;Ldfdf /x]sf] k|j]z4f/dfkm{t jL/u~h k|j]z ug]{ 7"nf] hdftn] ahf/ If]qdf yk cfs{if0f / ;Defjgf k}bf u/]sf] 5 . pBf]u / s[lif h:t} t/ cem a9L :ki6 ?kdf b]lvg] ko{6gsf nflu k|:tfljt ljsf; sfo{qmdx?n] d'Votof k"j{ klZrd hf]8\g] oftfoft k"jf{wf/df hf]8 lbg' kb{5 . o;n] b[ZofTds e|d0fnfO{ ;xof]u k'¥ofpF5 . k|b]z @ sf ko{6g If]qx?n] n'lDagLh:tf] cGt{/fli6«o dxTj af]s]sf] gePtf klg lgs6tf / ;xh kx'Fr ePsfn] -h:t}, glhs /x]sf sf7df8f}+, k6gf \_ k|b]zdf cfO;s]sf ko{6sx?nfO{ yk s]xL lbg a:g kf]|T;flxt ug{ ;lsG5 .

# $= sfof{Gjog of]hgfsf nflu ;'emfj

;Defljt kl/of]hgfx?sf] Pp6f ;"rL cg';Gwfg / k/fdz{ k|lqmofsf] cjlwe/ ;+sng ul/Psf] lyof] . 8]NkmL ljlwsf] kl/dflh{t ;+:s/0fsf] k|of]u u/]/ kl/of]hgfx?sf] k|fyldsLs/0f u/L 5f]6f] ;"rL tof/ ul/Psf] lyof] . o;sf nflu oL cfwf/x? /x]sf lyP M /0fgLlts dxTjÙ ;x–nfex? -cfGtl/s / cGt/ If]qut\_Ù l56f] glthf lbg ;Sg] ;DefjgfÙ nfutÙ ;DefJotfÙ k|efjsfl/tfÙ hf]lvdÙ / l:y/tf . k|To]s If]qsf nflu k|fyldstfsf kl/of]hgfx? lgDg cg';f/ 5g\ M

* k|b]z:t/Lo kxnx?Ù
* k|b]zsf gLlt / lgodx? -h:t}, ko{6sLo ;r]tgf k|j4{g cleofg\_Ù
* :yfg ljz]ifsf nflu ;+DefJotf cWoog / 7"nf kl/of]hgfx? -h:t}, cf}/xL cf}Bf]lus If]q­\_Ù
* If]q ljz]if k|lzIf0f / Ifdtf ljsf;sf pkfox? -h:t}, s[lif SofDk; / k|fljlws tflnd s]Gb|\_Ù
* k|fljlws ;xfotf sfo{qmdx? -h:t}, vfB k/LIf0f / k|df0fLs/0f k|of]uzfnf\_Ù /
* oftfoft;DaGwL sfo{qmdx? -h:t}, x'nfsL /fhdfu{\_ .